Maturational Regulation of Globotriaosylceramide, the Shiga-like Toxin 1 Receptor, in Cultured Human Gut Epithelial Cells

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Abstract

Differentiated villus intestinal epithelial cells express globotriaosylceramide, the Shiga-like toxin 1 (SLT-1) receptor, and are sensitive to toxin-mediated cytotoxicity, whereas undifferentiated crypt cells neither express Gb3 nor respond to toxin. To investigate if SLT-1 receptors are maturationally regulated in human intestinal cells, we examined the effect of butyrate, a known transcriptional regulator of differentiation genes in many cell types, using cultured colonic cancer–derived epithelial cell lines. Exposure to butyrate increased villus cell marker enzymes such as alkaline phosphatase, sucrase, and lactase, expression of toxin receptors, and sensitivity to SLT-1 in villus-like CaCo-2A and HT-29 cells. These effects were reversibly inhibited by preincubation of CaCo-2A cells with actinomycin D or cycloheximide. Butyrate-treated CaCo-2A cells unable to bind fluoresceinated SLT-1 B subunit were undifferentiated as assessed by alkaline phosphatase activity. HT-29 cells induced to differentiate by another signal, glucose deprivation, upregulated receptor content and response to toxin. Crypt-like T-84 cells responded to butyrate with a modest increase in alkaline phosphatase and toxin binding, but no induction of sucrase or lactase, and no change in sensitivity to toxin. The results demonstrate that expression of SLT-1 toxin receptors and toxin sensitivity are coregulated with cellular differentiation in cultured intestinal cells. (*J. Clin. Invest.* 1995. 96:1328–1335.) Key words: bacterial toxins • receptors • cells, cultured • glycolipids • differentiation

Introduction

Shiga toxin (STX)[1] is the prototype of an enlarging family of highly potent protein exotoxins produced by *Shigella dysenter-*iae type 1, certain serotypes of *Escherichia coli* (1, 2), and uncommonly other organisms such as *Citrobacter freundii* (3). The family includes STX itself, the *E. coli*–encoded Shiga-like toxin-1 (SLT-1), SLT-2, SLT-2e (the variant toxin involved in porcine edema disease), and additional variants such as SLT-2c from human isolates. These toxins are structurally similar heterodimers composed of one enzymatically active A subunit ($M_r \approx 32,000$) that irreversibly inhibits protein synthesis by means of its N-glycosidase activity on a single adenine in the 28S rRNA of the 60S ribosomal subunit (4) and 5 B subunits ($M_r = 7,000$–$8,000$). The B-subunit pentamer mediates toxin binding to a galactose-$\alpha 1 \rightarrow 4$-galactose disaccharide containing neutral glycolipid receptor, including globotriaosylceramide (Gb3) in the case of STX, SLT-1, or SLT-2 (5, 6), and globotetraosylceramide (Gb4) for SLT-2e (7).

The precise role of these toxins, which cause net fluid secretion in rabbit small bowel, in pathogenesis of intestinal disease associated with toxin-producing bacteria has yet to be established. Our laboratory has reported that the enterotoxic effect of STX in rabbit intestine is due to a selective action on villus, but not crypt, cells (8). Toxin inhibition of protein synthesis in villus cells is associated with reduced sodium absorption and increased net fluid secretion. The basis for this selectivity appears to be differential expression of Gb3 in villus but not crypt cells.

Crypt cells are relatively undifferentiated proliferating cells which actively secrete chloride by a cyclic nucleotide-dependent mechanism. As they migrate up the villus, however, intestinal cells differentiate and acquire the enzymatic and morphological characteristics of the mature villus epithelium (9). The present experiments were designed to determine whether changes in sensitivity to toxin of cultured intestinal cell lines are associated with differentiation. To accomplish this, we exposed three intestinal cell lines derived from human colon carcinomas (CaCo-2A, HT-29, and T-84) to the short chain fatty acid sodium butyrate, normally found in the intestinal lumen, which induces differentiation of many cells in culture (10–15), and measured the effects on differentiation marker enzymes, the content of Gb3, and the binding and cytotoxic response to SLT-1.

Methods

Cells

CaCo-2A cells which develop villus-like properties during growth to confluence were provided by Dr. Douglas Jefferson (Gastrointestinal Research Center Cell Culture Core Laboratory at New England Medical Center). HT-29 cells, which also differentiate into villus-like cells in culture, and T-84 cells, which possess crypt-like chloride secretory properties, were purchased from the American Type Culture Collection (Rockville, MD). CaCo-2A and HT-29 cells were maintained in Dulbecco's MEM (D-MEM; high glucose) supplemented with 10% (vol/

1. *Abbreviations used in this paper:* D-MEM, Dulbecco's MEM; EIA, enzyme immunoassay; Gb3, globotriaosylceramide; Gb4, globotetraosylceramide; SLT, Shiga-like toxin; STX, Shiga toxin.
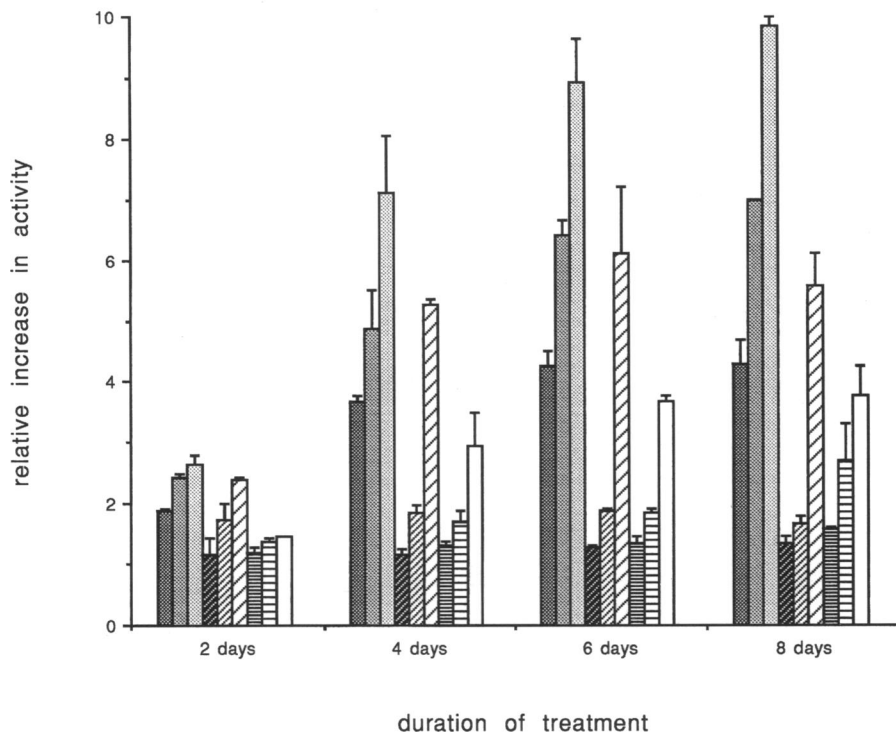
Figure 1. Effects of increasing duration of exposure of cell lines to butyrate on expression of alkaline phosphatase activity. In each group of nine bars, the three bars to the left show the results obtained with CaCo-2A cells, the middle group of three bars represents HT-29 cells, and the group on the right shows T-84 cells. In each group of three, the darkest bar represents exposure to 0.5 mM butyrate, the medium bar represents exposure to 1.0 mM butyrate, and the lightest bar represents exposure to 2.0 mM butyrate. The duration of incubation with butyrate is shown along the ordinate. One standard deviation is indicated in each bar.

vol) fetal bovine serum (FBS), 100 U/ml penicillin, 100 μg/ml streptomycin, 1 mM pyruvate, and 25 mM Hepes. T-84 cells were maintained in 1:1 (vol/vol) D-MEM (low glucose)/F12 nutrient mixture supplemented with 6% FBS and other additives as above. All media and supplements were from GIBCO BRL (Gaithersburg, MD).

Cells were grown in 75-cm^2 flasks at 37°C in 5% CO_2, fed at 2-d intervals, and passaged weekly. Stock cells were trypsinized, suspended at 10^5 cells/ml in medium, and 200 μl was seeded per well in 96-well microtiter plates. After 48 h at 37°C, medium was replaced with medium containing 0, 0.5, 1, or 2 mM sodium butyrate. Cells were incubated for an additional 2, 4, 6, or 8 d, with medium changes at 2-d intervals. In some experiments CaCo-2A cells were pretreated for 24 h with either actinomycin D, 0.5 μg/ml, or cycloheximide, 100 μg/ml (both from Sigma Immunochemicals, St. Louis, MO), before exposure to butyrate. The cell count in representative wells was determined by microscopy in a hemocytometer as described (5). For some binding experiments, cells were prefixed with 1% glutaraldehyde in PBS and washed with PBS.

Toxin purification and labeling

SLT-1 was purified from sonic lysates of *E. coli* HB101 lysogenized with bacteriophage H19B as reported previously (16) and was labeled with ^{125}I by a modification of the chloramine T method, which does not alter its specific activity (17). Recombinant SLT-1 B was purified from *Vibrio cholerae* 0395 N1(pSBC32) (18) and labeled with fluorescein isothiocyanate (FITC) by incubation of 2 mg/ml subunit in 0.1 M Na_2CO_3, pH 9.0, with 50 μl FITC (1 mg/ml in DMSO) overnight at 4°C in the dark. Labeled SLT-1 B was separated from free dye by Sephadex G25 chromatography and stored at 4°C in a light-proof container.

Cytotoxicity assay

Cytotoxicity was assessed as inhibition of protein synthesis as described previously (19). Cells were treated for 3 h with 10-fold dilutions of SLT-1 in medium, followed by 30 min in medium containing 1 mCi/100 ml [^{3}H]leucine. Incorporation of label into TCA-precipitable material was then measured.

Toxin-binding assays

Toxin binding was assessed by three different methods: (*a*) binding of ^{125}I-SLT-1 for 1 h at 4°C as described previously (17); (*b*) an enzyme immunoassay (EIA) method using glutaraldehyde-fixed cells; and (*c*) binding of FITC–SLT-1 B monitored by fluorescence microscopy. EIA was performed at room temperature, and samples were washed five times with PBS after each step. Cells were blocked for 1 h with 200 μl of 3% gelatin in PBS, incubated for 1 h with 200 μl of serial 10-fold dilutions of SLT-1, and then successively with polyclonal rabbit anti–SLT-1 serum diluted 1:5,000, goat anti–rabbit IgG-HRP conjugate (Sigma Immunochemicals), and 50 μl/well of 3,3′,5,5′-tetramethylbenzidine substrate, 100 μg/ml in 0.1 M citrate-acetate buffer, pH 5.5, containing 155 μl 3% H_2O_2 per 100 ml of solution. The reaction was stopped after 15 min by addition of 50 μl of 1 M H_2SO_4 and the samples were read at A_{450}. For fluorescence microscopy, cells were grown on 16-well Lab-Tek chamber slides (Nunc, Roskilde, Denmark) under various conditions, washed and fixed with 4% paraformaldehyde in PBS, and incubated for 1 h with 50 μl FITC–SLT-1 B (1:50 dilution in culture medium) in the dark at room temperature. The upper portion of the wells was removed and the slides were washed extensively with PBS/0.1% BSA and examined by fluorescence microscopy.

Fluorescence-activated cell sorting

CaCo-2A cells exposed to 1 mM butyrate for 4 d were trypsinized, suspended at 10^7 cells/ml in medium, and 1 ml was incubated with 100 μl of FITC–SLT-1 B for 1 h at 4°C with shaking in the dark. After washing five times, cells were resuspended in 2 ml of medium at 4°C containing 1% FBS and subjected to FACS® on a cell sorter (Epics 541; Coulter Corp., Epics Division, Hialeah, FL). Both populations of cells were counted, suspended in alkaline phosphatase buffer (below) at 5×10^5 cells/ml, and 100 μl of each suspension was assayed for alkaline phosphatase activity (below) in triplicate.

Enzyme assays

Alkaline phosphatase. Cell monolayers were washed twice with PBS, and 100 μl *p*-nitrophenyl phosphate (1 mg/ml in 100 mM Tris/NaCl
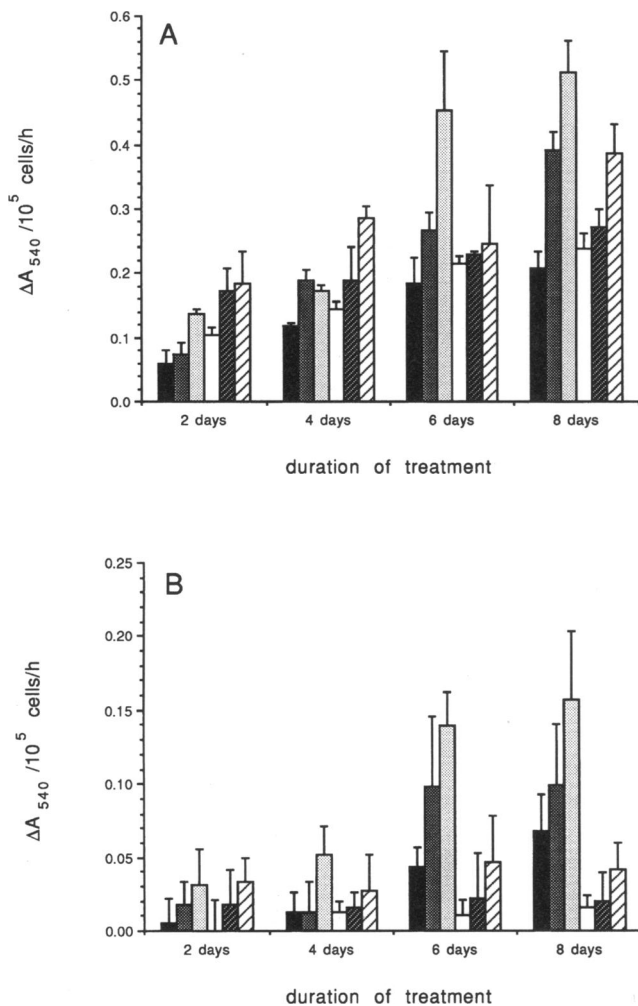
Figure 2. Induction of sucrase (*A*) and lactase (*B*) by butyrate in CaCo-2A (the three bars to the left in each group) and HT-29 cells (the three bars to the right in each group). The black bar represents CaCo-2A cells incubated in the absence of butyrate, the dark stippled bar represents exposure of CaCo-2A cells to 0.5 mM butyrate, and the light stippled bar represents exposure to 2.0 mM butyrate. The open bar represents HT-29 cells incubated in the absence of butyrate, the dark hatched bar represents exposure of HT-29 cells to 0.5 mM butyrate, and the light hatched bar shows the exposure to 2.0 mM butyrate. One standard deviation is indicated in each bar.

Figure 3. Effect of butyrate concentration and duration of exposure of CaCo-2A cells (*A*) and HT-29 cells (*B*) on the inhibition of protein synthesis resulting from incubation with 1 μg/ml of SLT-1. The black circles represent control cells (no butyrate exposure), open circles represent exposure to 0.5 mM butyrate, open triangles show exposure to 1 mM butyrate, and the open squares show exposure to 2 mM butyrate. One standard deviation is indicated for each data point.

buffer, pH 9.5, containing 5 mM $MgCl_2$) was added to each well. After incubation for 10 min at room temperature, A_{405} was measured against cells without substrate. Activity was expressed as the relative increase in A_{405} compared with the same number of cells incubated for the same time without butyrate.

Sucrase and lactase. Monolayers were washed as above, and 50 μl 0.62 M sucrose or lactose in 0.1 M KPO_4 buffer, pH 6.0, was added to each well, and cells were incubated at 37°C for 30 min (sucrase) or 3 h (lactase). Liberated glucose was detected by a modification of the method of Messer and Dahlqvist (20) using 50 μl of peroxidase/glucose oxidase reagent (0.01% *o*-dianisidine di-HCl, 0.001% horseradish peroxidase [wt/vol] in 0.5 M $NaPO_4$ buffer, pH 6.0, containing enough glucose oxidase to give an OD_{540} of 0.4–0.5 for a 4-μg glucose standard). Samples were incubated at room temperature for 10 min, the reaction was terminated by addition of 100 μl 50% H_2SO_4, and absorbance was measured at 540 nm against cells treated with peroxidase/glucose oxidase reagent but no disaccharide substrate. Activity was
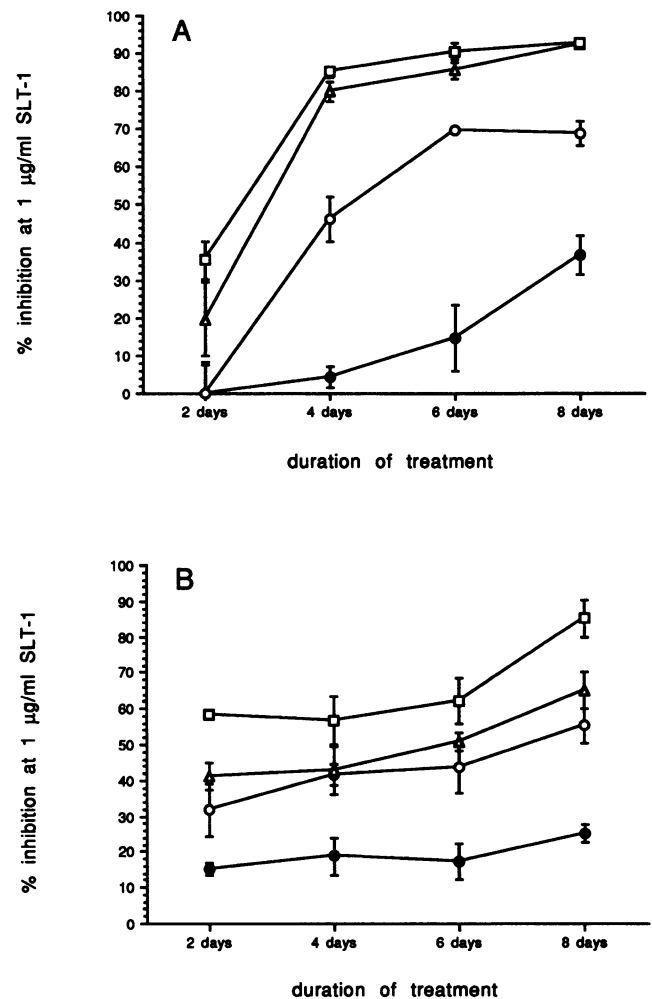
expressed as the change in A_{540} of treated cells compared with the same number of cells incubated for the same length of time without butyrate.

Determination of glycolipid content of cells

Glycolipids were extracted and measured from scraped cells as reported previously (21). Briefly, lipids were extracted by sonication in chloroform/methanol (2:1) at 55°C for 15 min and separated by Folch partition. Lower phase lipids were purified on a Unisil column (Clarkson Chemical Co., Inc., Williamsport, PA) and phospholipids were hydrolyzed with methanolic NaOH. Samples were benzoylated and assayed by quantitative HPLC on a pellicular Zipax column (DuPont, Wilmington, DE) with a linear 2–42% gradient of 46% dioxane in hexane diluted into hexane. Eluted peaks were detected by ultraviolet absorption at 230 nm and were analyzed on a Beckman HPLC with System Gold software (Beckman Instruments, Inc., San Ramon, CA).

Statistical analysis

Data are expressed as mean±SD. Where appropriate, the differences in the mean values of treated versus untreated cells were compared for significance using a two-tailed Student's *t* test for unpaired samples. Differences were considered significant if *P* was < 0.01.
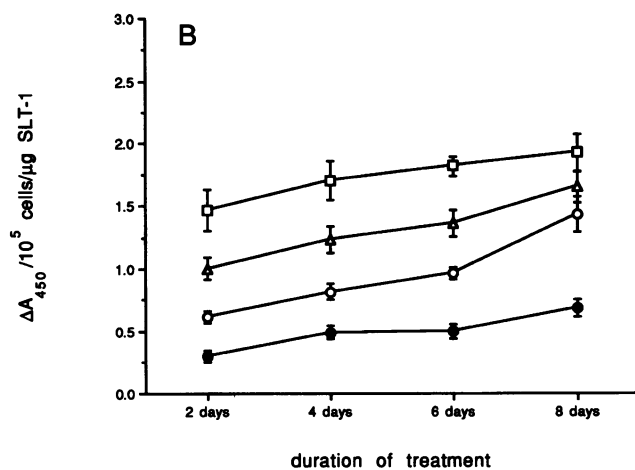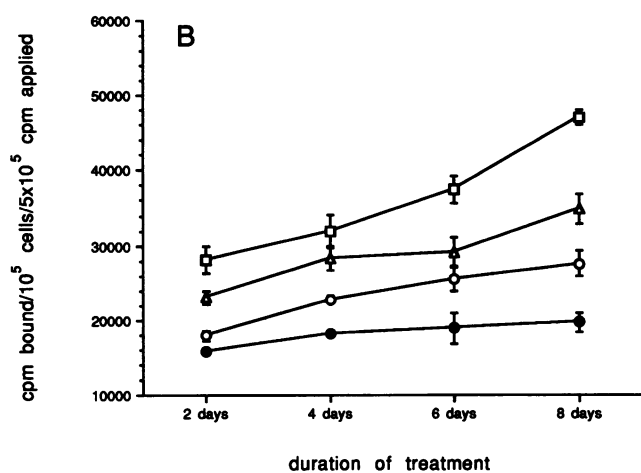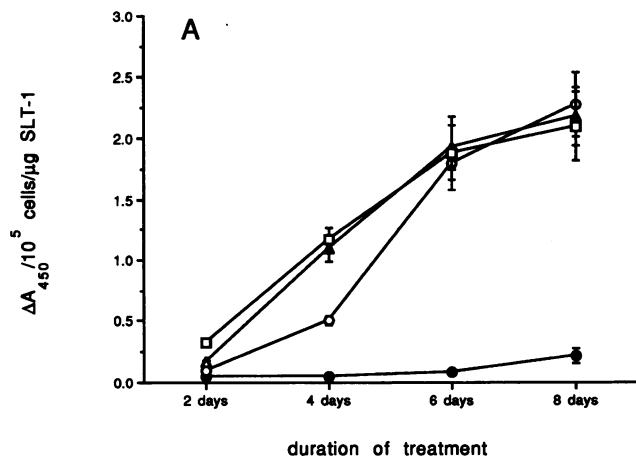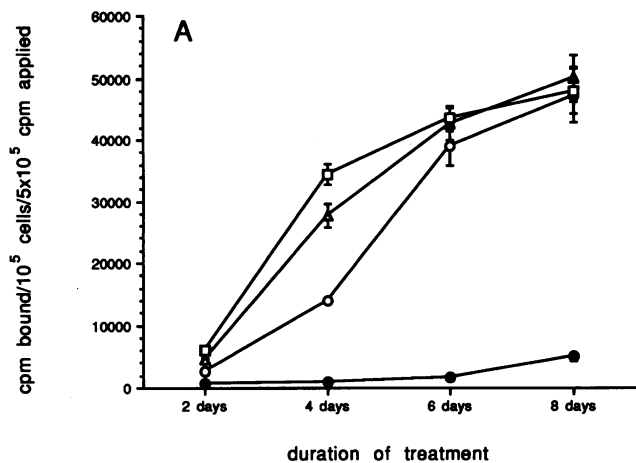
Figure 4. Effect of butyrate concentration and duration of exposure of CaCo-2A cells (A) and HT-29 cells (B) on the binding of ^{125}I-labeled SLT-1 (5×10^5 cpm per microtiter well). The black circles represent control cells (no butyrate exposure), open circles represent exposure to 0.5 mM butyrate, open triangles show exposure to 1 mM butyrate, and the open squares show exposure to 2 mM butyrate. One standard deviation is indicated for each data point.

Figure 5. Effect of butyrate concentration and duration of exposure of CaCo-2A cells (A) and HT-29 cells (B) on the binding of an applied dose of 200 ng of SLT-1 per microtiter well. The black circles represent control cells (no butyrate exposure), open circles represent exposure to 0.5 mM butyrate, open triangles show exposure to 1 mM butyrate, and the open squares show exposure to 2 mM butyrate. One standard deviation is indicated for each data point.

Results

Growth of cells in butyrate. Although the rate of cell division in cells exposed to 0.5–2.0 mM butyrate diminished in a dose-related manner, whether examined by qualitative phase contrast microscopy of the monolayer or by quantitative cell counts over time, cells remained viable, and [^{3}H]leucine incorporation into protein and uptake of ^{3}H-α-amino-isobutyric acid were not reduced in butyrate-exposed compared with untreated control cells when adjusted to cell number (data not shown).

Effect of butyrate on enzyme markers of differentiation. Butyrate exposure resulted in an increase in alkaline phosphatase activity of all three cell lines in a dose- and duration of exposure–dependent manner (Fig. 1). When normalized to cell number and activity at time zero, CaCo-2A cells were most responsive to butyrate, HT-29 cells were intermediate, and T-84 cells were least responsive.

Butyrate exposure also resulted in increased sucrase (Fig. 2 A) and lactase (Fig. 2 B) activities of CaCo-2A and HT29

cells. No significant activity of either enzyme was detected in T-84 cells, even after 8 d of exposure to 2.0 mM butyrate (data not shown).

Effect of butyrate treatment on sensitivity of cells to SLT-1. Control CaCo-2A cells were insensitive to SLT-1 after 48 h of culture, but became increasingly sensitive thereafter (Fig. 3 A). HT-29 cells were moderately susceptible to the cytotoxic effects of SLT-1 (1 μg/ml) after 48 h, and this did not change significantly over the next 6 d of study. Butyrate exposure markedly increased the cytotoxic activity of SLT-1 for CaCo-2A and, to a lesser extent, HT-29 cells (Fig. 3, A and B) in a time- and butyrate dose–related manner. In contrast, T-84 cell monolayers remained resistant to toxin, regardless of the duration of exposure and concentration of butyrate added (data not shown). When HT-29 cells were switched from a glucose- to galactose-containing medium, which is known to induce differentiation in these cells (22), the 50% cytotoxic dose of SLT-1 decreased from 2×10^2 μg/ml in glucose medium to 5×10^1

Table I. Effect of 8 d of Treatment with 2 mM Butyrate on Neutral Glycolipid Content of CaCo-2A and HT-29 Cells

| Cell line | Butyrate exposure | Glycolipid content | |
		Gb3	Gb4
		pmol/mg cell protein	
CaCo-2A	−	868±61	213±41
CaCo-2A	+	2410±25*	495±29*
HT-29	−	318±204	52±14
HT-29	+	1199±509[‡]	7±14*

* $P < 0.0001$; [‡] $P = 0.018$.

Table II. Effect of Actinomycin D and Cycloheximide on Butyrate-induced SLT-1 Binding to CaCo-2A Cells

| | ^{125}I–SLT-1 binding to CaCo-2A cells | | |
| Inhibitor | Duration of incubation | | |
	24 h	72 h	144 h
	% of control at 24 h		
No butyrate			
No inhibitor	100.0±6.8	120.8±11.0*	142.7±12.2*
Actinomycin D	113.5±10.0[‡]	87.0±8.2[§]	171.2±15.6[‡]
Cycloheximide	59.4±3.0[§]	83.3±3.7[§]	136.0±11.9[‡]
Butyrate, 24 h			
No inhibitor	170.7±10.5	313.7±26.2*	388.0±17.7*
Actinomycin D	111.8±4.6[§]	166.8±12.6[§]	411.5±18.1[‡]
Cycloheximide	73.3±4.0[§]	81.4±6.5[§]	342.7±21.2[‡]

* $P < 0.01$ compared with value at 24 h, no inhibitor. [‡] Not significant compared with no inhibitor at the same time point.
[§] $P < 0.01$ compared with no inhibitor at the same time point.
These data are a representative experiment (from three separate experiments) and the results reported are the mean±1 SD from three separate microtiter plate wells.

and 2.3×10^{-1} μg/ml after four and seven passages in galactose-containing medium, respectively.

Effect of butyrate treatment on toxin binding to cells. Consistent with the cytotoxicity data, untreated HT-29 cells bound significant amounts of ^{125}I-toxin at 48 h of culture, with minimal change over the subsequent 6 d, whereas CaCo-2A cells did not show a detectable increase until day 6, increasing further at day 8 (Fig. 4, *A* and *B*). Butyrate exposure led to a dose- and duration-dependent appearance of toxin-binding sites in both cell types in parallel to the change in cytotoxicity. Toxin binding to butyrate-treated T-84 cells also increased in a time- and dose-dependent manner, but to a much lower extent (7,600 cpm bound/10^5 T-84 cells/5×10^5 cpm applied, compared with 48,000 cpm bound/10^5 CaCo-2A cells/5×10^5 cpm applied in cells treated with 2.0 mM butyrate for 8 d). The EIA binding assay using unmodified toxin as the ligand confirmed these time- and dose-dependent effects of butyrate in CaCo-2A and HT-29 cells (Fig. 5).

Effect of butyrate on glycolipid toxin receptors. To determine the basis for increased binding and toxicity of SLT-1 in CaCo-2A and HT-29 cells, we measured the levels of neutral glycolipid receptors for Shiga family toxins, including Gb3 and Gb4, in duplicate analyses of two separate experiments (Table I). After 8 d of exposure to 2 mM butyrate, both cell types expressed significantly more Gb3 than untreated cells. The amount of Gb4, the receptor for the SLT-2 variant toxin SLT-2e, also significantly increased in CaCo-2A cells, but decreased in HT-29 cells. Untreated T-84 cell monolayers did not contain Gb3 nor Gb4 and there was no detectable induction after 8 d of incubation in the presence of butyrate (data not shown).

Effect of actinomycin D and cycloheximide on butyrate-induced toxin binding. To examine whether butyrate-induced Gb3 expression in CaCo-2A cells was mediated at the transcriptional level, we pretreated CaCo-2A cells with either actinomycin D or cycloheximide for 24 h before exposure to butyrate. We assessed toxin binding, expressed as a percentage of the value in the 24-h no butyrate control monolayer in the absence of either inhibitor, rather than SLT-1–mediated cytotoxicity, because both inhibitors themselves block leucine incorporation into protein. In control cells, exposure to actinomycin D clearly blocked the increase in toxin binding that occurs by 72 h of growth of the monolayer, with rebound recovery at 144 h (Table II). Cycloheximide was even more effective, and a sharp reduction in toxin binding was already present by 24 h, which persisted at 72 h but dissipated by 144 h. Similar but more pronounced effects were found when cells preincubated with inhib-

itors were then exposed to butyrate (Table II). In this case, both actinomycin D and cycloheximide reduced the butyrate-stimulated binding at 24 and 72 h. The subsequent recovery from actinomycin D or cycloheximide was similar in both butyrate-treated and untreated cells.

Binding of FITC–SLT-1 B subunit to cell monolayers. To visualize binding to individual monolayer cells, we coupled FITC directly to recombinant SLT-1 B subunit and used this reagent to assess binding by fluorescence microscopy. There was a butyrate dose- and duration-dependent increase in the number of CaCo-2A and HT-29 cells that fluoresced, consistent with the results described above. Fig. 6 shows the binding of FITC–SLT-1 B subunit to control (medium alone) and experimental (2 mM butyrate for 8 d) CaCo-2A, HT-29, and T-84 cells. The increase in fluorescence in CaCo-2A (Fig. 6, *A* and *B*) and HT29 (Fig. 6, *C* and *D*) cells was due to an increase in the proportion of labeled cells in the monolayer binding FITC-toxin. Although we detected no effect of butyrate on total Gb3 content or cytotoxicity of T-84 cells, and the vast majority (> 95%) of cells did not fluoresce, butyrate-treated T-84 cell monolayers developed occasional small foci of cells that bound FITC–SLT-1 B subunit.

To determine if toxin binding and nonbinding CaCo-2A cell populations detected by FITC–SLT-1 B differed in their expression of differentiation markers, we separated these two populations by FACS® sorting and assayed each separately for alkaline phosphatase activity. CaCo-2A cells that bound FITC–SLT-1 B were alkaline phosphatase positive, with an increase in A_{405} of $19.2/10^6$ cells/h, whereas the negative cell population exhibited no detectable change in A_{405} from background.

Discussion

The possibility that the enterotoxic activity of Shiga family toxins is due to a selective effect on differentiated cells of the
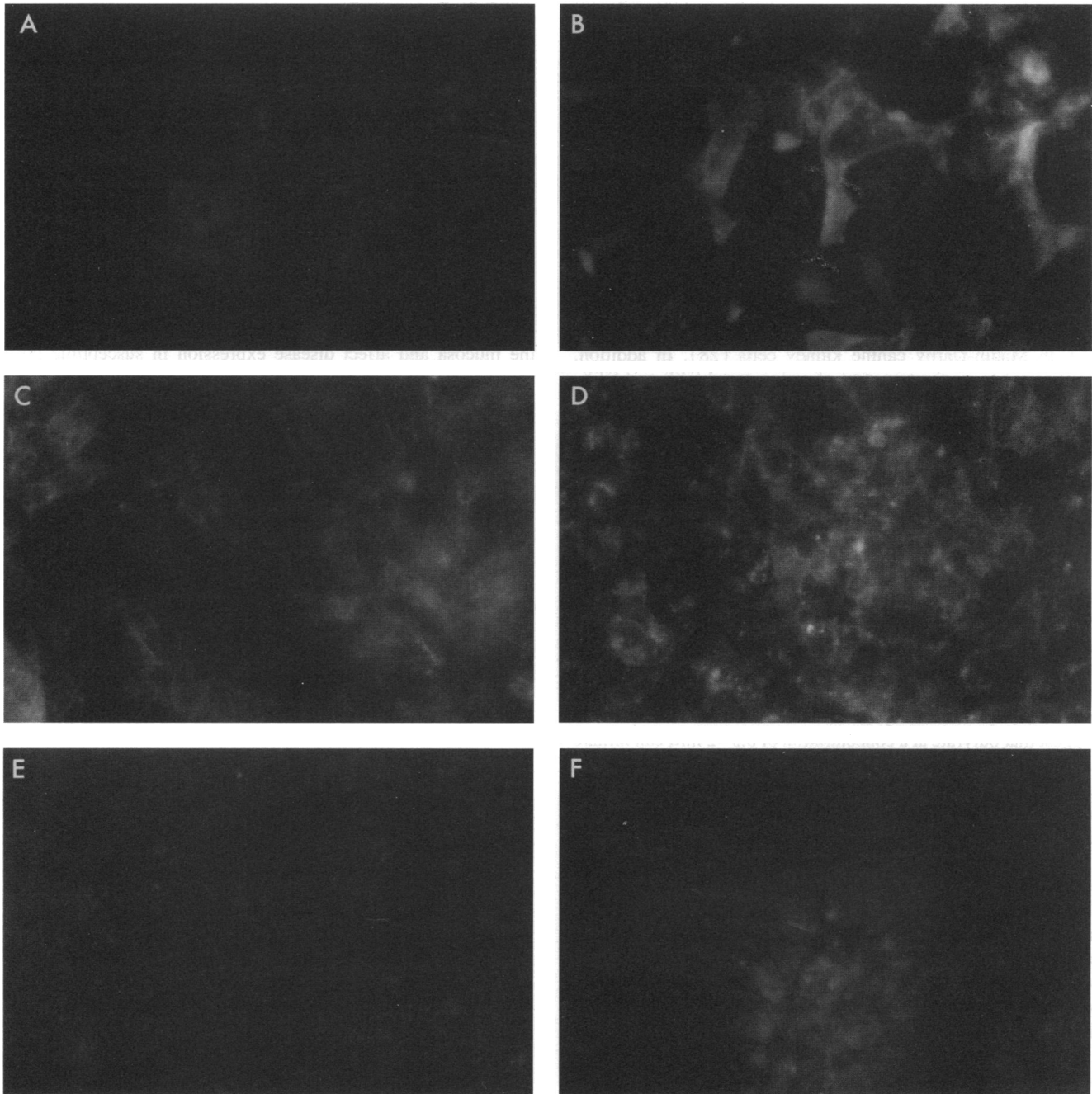
Figure 6. Fluorescence photomicrographs of confluent CaCo-2A, HT-29, and T-84 cells exposed to 8 d of culture in the absence of butyrate (*A*, *C*, and *E*, respectively) or after 8 d of exposure to 2 mM butyrate (*B*, *D*, and *F*, respectively). Cells were fixed with 4% paraformaldehyde and incubated with FITC-labeled SLT-1 B for 1 h as described in Methods. Fluorescence of bound FITC-B subunit was visualized with a Nikon Labophot microscope as described in Methods. ×400.

small intestine was first suggested by Kandel et al. (8). These investigators eluted cells from rabbit small intestine along a villus-to-crypt gradient and reported that Gb3, the SLT-1 receptor, was present only in the villus cells, and only villus cells showed toxin-mediated protein synthesis inhibition. These effects were consistent with the observed reduction in mucosal to serosal sodium flux, without alteration in serosal to mucosal chloride flux, in toxin-treated jejunal mucosa mounted in Ussing chambers. Mobassaleh et al. (23) subsequently reported that while infant rabbits were refractory to the fluid secretory effect

of STX in ligated small bowel loops in the first 2 wk of life, the fluid response progressively increased after day 16 as Gb3 content increased from very low levels to adult levels by the fourth week of life (24). These data suggested that sensitivity of intestinal epithelial cells to the Shiga family of toxins is both a property of differentiated mature villus cells and, at least in the rabbit, developmentally regulated.

We hypothesized that, during the course of epithelial cell migration up the villus, differentiation signals for enterocytes also affect the enzymes responsible for synthesis of the toxin

receptor. We chose to test this hypothesis using human cell lines capable of expressing small bowel villus (CaCo-2A, HT-29) (22, 25) or crypt (T-84) (26) cell characteristics during differentiation in vitro, which is induced after CaCo-2A cells grow to confluency (25) or HT-29 cells are deprived of glucose by switching to a high galactose medium, which results in clones resembling the different cell types found in the small intestine (22). We chose to study the effect of butyrate, a well known inducer of cell differentiation in vitro (11–13), which leads to the expression of villus-like enzymatic and absorptive activities in CaCo-2 and HT-29 cells (10, 14). Butyrate can also alter expression of both glycolipid (27) and glycoprotein (11) receptors in certain cells and has been reported to increase expression of STX-binding sites and enhance cytotoxicity of STX in Madin-Darby canine kidney cells (28). In addition, butyrate enhances the transport of endocytosed STX and STX-B subunit to the Golgi region and, in retrograde fashion, to the endoplasmic reticulum, in A431 human epidermoid carcinoma cells, increasing sensitivity to STX (29).

The present studies demonstrate that CaCo-2A and HT-29 cells become more responsive to the effects of SLT-1 as they mature. Both cell lines expressed increased villus-like brush border enzyme activities (9), including alkaline phosphatase, sucrase, and lactase, after coincubation with butyrate for 8 d, depending on the dose of butyrate used and the length of exposure. Although butyrate treatment of the crypt-like T-84 cells increased alkaline phosphatase activity in a similar, but less marked, fashion, neither disaccharidase activity was detected at any time during the 8-d experiment, and the monolayers remained resistant to the cytotoxic effects of SLT-1. These data suggest that butyrate at a concentration of 0.5–2 mM can initiate differentiation of T-84 cells, but the process stops short of more terminal differentiation and expression of disaccharidases. Possibly higher concentrations of butyrate or additional signals are required to drive the further maturation of T-84 cells.

As expected, butyrate exposure slowed the rate of division of all three cell lines (30, 31) but did not affect amino acid uptake or reduce cellular protein synthesis. The effects of butyrate on the differentiation markers studied and the cytotoxic response to SLT-1 in CaCo-2A and HT-29 cells were similar but more marked than the effect of other maturational stimuli, such as incubation after confluency of CaCo-2A cells or glucose deprivation of HT-29 cells. The correlation of differentiation and the appearance of toxin-binding sites was clearly shown when we FACS® sorted CaCo-2A cells binding FITC–SLT-1 B and found that only receptor-positive cells had measurable alkaline phosphatase activity.

Butyrate induces mRNA for many proteins in differentiating cells (11), apparently by histone deacetylation (32) and/or DNA hypermethylation (33), which play a role in regulating gene expression. The ability of both actinomycin D and cycloheximide to block butyrate induction of Gb3 in CaCo-2A cells strongly suggests that butyrate is acting at the transcriptional level. Likely targets for this effect are the UDP-galactose/lactosylceramide galactosyltransferase involved in the biosynthetic pathway for Gb3 and/or α-galactosidase, a major degradative enzyme for Gb3 (34).

Finally, these experiments raise the question of whether butyrate plays a role in situ in intestinal cell differentiation in vivo. Interestingly, butyrate occurs naturally in normal human colon as a by-product of metabolism of unabsorbed starch and nonstarch polysaccharides by the colonic bacterial flora and is used as an energy source by colonocytes (35). Fecal levels of butyrate in normal humans may be as high as 20 mM (36), which exceeds the maximum concentration used in these studies by 10-fold. When butyrate is absent, as in surgical colonic bypass procedures or after antibiotic therapy which destroys the intestinal mucosal flora, a syndrome known as diversion colitis may ensue, which is reversible by administration of butyrate (37). In addition, colitis may be induced in laboratory animals by short exposure to very high doses of butyrate given rectally (38, 39). Thus, it is clear that butyrate is normally produced in vivo and can affect intestinal epithelial cells that are exposed to it in vivo. It is plausible to propose that butyrate regulates differentiation of host colonic cells in situ and that manipulation of butyrate may alter the interaction of STX family toxins with the mucosa and affect disease expression in susceptible host species.

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