MECHANISM AND KINETICS OF ALLOYING AND NANOSTRUCTURE FORMATION BY MECHANICAL METHODS

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Nanocrystalline materials have become a subject of both scientific and industrial importance in the past one decade. The present paper reviews the work being carried out world over, on the synthesis of nanocrystalline metals, alloys, intermetals and nanocomposites by mechanical means, in particular, by high energy ball milling process. Many high melting intermetals, that are difficult to prepare by conventional processing techniques, could be easily synthesized in nanocrystalline state with homogeneous structure and composition by this route. The present understanding of the nature of these materials and the phase transitions induced during nanocrystallization are critically reviewed in the present paper.

Key Words: Nanocrystalline Materials; Nanocomposites; High Energy Ball Milling; Nanocrystalline Intermetallic Compounds; Mechanical Alloying; Mechanical Milling; Devitrification; Plastic Deformation

1 Introduction

Nanocrystalline materials (NCM) are solids composed of crystallites with characteristic size (at least on one dimension) of a few nanometers. The discovery of these materials by Gleiter1 can be viewed as one of the most fascinating ones of the past decade. The importance of these materials can be easily gauged by the launch of the International Journals like Nanostructured Materials and Nanotechnology even when the field is in its infancy. A biannual International Conference Series on these materials has been launched in 1992 and the fifth one in the series is scheduled in 20002-6. The importance of the field can be recognized by the large number of international conferences being held regularly on nanophase materials7-17. Various aspects of these materials have been reviewed by a number of investigators1,18-25.

The NCMs can be zero (clusters), one (lamellar), two (filamentary) or three (equiaxed particles)-dimensional in nature (Fig. 1)26,27 and can be obtained by a number of techniques as shown in Table I. These are the materials characterized by a large volume fraction of grain boundaries as shown schematically in Fig. 2. The fraction of atoms associated with the boundaries, C is given by $C = \frac{3t}{d}$, where t is the thickness of the boundary and d is the diameter of the nanocrystal. Thus, the volume fraction of atoms at the grain boundaries can be of the order of 50% for 5 nm grains and a mere 3% for 100nm grains (Fig. 3). A number of physical and mechanical properties of materials are significantly altered in the nanocrystalline state as shown in Table II28. Nanostructured materials can be synthesized starting from vapour (inert gas condensation, sputtering, plasma processing, vapour deposition), liquid (electrodeposition, rapid solidification) and solid state (high energy ball milling, sliding wear, spark erosion). Among the solid state techniques, high energy ball milling has become quite popular in recent years due to its simplicity, low capital cost, higher productivity and scalability (Table III). The synthesis of NCM by the mechanical routes (high energy ball milling, sliding wear, spark erosion, cold rolling as well as devitrification of mechanically induced amorphous phases) will be reviewed in the present paper.

High energy ball milling technique has been developed in 1966 by Benjamin and his co-workers29 at the INCO's Paul D Merica Research Laboratory as a part of the programme to produce oxide dispersion strengthened (ODS) Ni-base superalloys for gas turbine applications. NCMs can be synthesized either by high energy ball milling of elemental blends (known as mechanical alloying (MA)) or that of individual

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Fig. 1 Schematic of the four types of nanocrystalline materials\(^{37}\)

Fig. 2 Schematic representation of equiaxed nanocrystalline metal distinguishing between atoms associated with the individual grains (O) and those constituting grain boundary network (●)\(^{1}\)

**Table I**

*Classification of Nanocrystalline Materials*

<table>
<thead>
<tr>
<th>Dimensionality</th>
<th>Designation</th>
<th>Typical method(s) of synthesis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Three</td>
<td>Crystallites (equiaxed)</td>
<td>Gas condensation, mechanical alloying</td>
</tr>
<tr>
<td>Two</td>
<td>Filamentary</td>
<td>Chemical vapour deposition</td>
</tr>
<tr>
<td>One</td>
<td>Layered (lamellar)</td>
<td>Vapour deposition, electrode position</td>
</tr>
<tr>
<td>Zero</td>
<td>Clusters</td>
<td>Sol-gel method</td>
</tr>
</tbody>
</table>

**Table II**

*Changes in the Properties in the Nanocrystalline State*

<table>
<thead>
<tr>
<th>Property</th>
<th>Change in the nanocrystalline state</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electrical</td>
<td>Higher conductivity in ceramics and magnetic nanocomposites</td>
</tr>
<tr>
<td>Magnetic</td>
<td>Increase in coercivity until a critical size</td>
</tr>
<tr>
<td>Mechanical</td>
<td>Increase in strength and hardness in metals and alloys</td>
</tr>
<tr>
<td>Optical</td>
<td>Blue shift of optical spectra in quantum-confined crystallites</td>
</tr>
<tr>
<td></td>
<td>Increase in luminescent efficiency of semiconductors</td>
</tr>
</tbody>
</table>

**Table III**

*Comparative Evaluation of MIGC, HEBM, Spray Conversion and Sol-Gel Methods (adopted and modified from\(^{13}\))*

<table>
<thead>
<tr>
<th>Features</th>
<th>MIGC</th>
<th>HEBM</th>
<th>Spray conversion</th>
<th>Sol gel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smallest grain size attainable</td>
<td>−2nm</td>
<td>−5nm</td>
<td>−10-20nm</td>
<td>−5nm</td>
</tr>
<tr>
<td>Contamination</td>
<td>&lt;1%</td>
<td>High (unless milled with proper media under inert atmosphere)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Composition control</td>
<td>Sometimes difficult</td>
<td>Very good</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Process control</td>
<td>Excellent</td>
<td>Good</td>
<td>Difficult</td>
<td>Difficult</td>
</tr>
<tr>
<td>Production rate (in laboratory unit)</td>
<td>Low</td>
<td>Good</td>
<td>Difficult</td>
<td>Difficult</td>
</tr>
<tr>
<td>Capital expenditure (in Indian Rupees)</td>
<td>&gt;5 million</td>
<td>0.3-1 million</td>
<td>−4 million</td>
<td>−0.2 million</td>
</tr>
<tr>
<td>Production cost</td>
<td>High</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>Possibility of scaling up</td>
<td>Difficult</td>
<td>Easy</td>
<td>Easy</td>
<td>Easy</td>
</tr>
</tbody>
</table>
elements, alloys and intermetallics (known as mechanical milling (MM)). The formation NCMs during MA was first suggested by Koch et al.\textsuperscript{30}. It was Fecht et al.\textsuperscript{31}, who have first synthesized elemental nanocrystals by high energy ball milling of their powders of a few micrometers in size. Over the past one decade, nanocrystalline metals, alloys, intermetallics, ceramics and nanocomposites have been synthesized in a number of systems by this technique.\textsuperscript{32-43} Nanocrystals have also been synthesized through sliding wear\textsuperscript{44}, spark erosion\textsuperscript{45} and severe plastic deformation\textsuperscript{46}, though these techniques have not become quite popular. Cold rolling has also been used to synthesize amorphous materials\textsuperscript{47-50}, that can be devitrified in a controlled fashion to yield nanocrystals.

2 High Energy Ball Milling

2.1 High Energy Ball Mills

MA/MM is usually carried out in high energy mills such as vibratory mills (Spex 8000 mixer/mill), planetary mills (Fritsch and Retsch mills) and attritor mills (Szegvari attritor). The energy transfer to the powder particles in these mills takes place by a shearing action or impact of the high velocity balls with the powder. An attritor was the first high energy ball mill used for MA by Benjamin\textsuperscript{29}. The attritor, invented in 1922 by Szegvari for a quick dispersion of fine sulfur particles during the vulcanization of rubber, has a vertical cylindrical tank in which the powder and balls are charged. The movement of the balls and powder is achieved by the horizontally rotating impellers attached to a vertical shaft (Fig. 4a)\textsuperscript{32}. Set progressively at right angles to each other, the impellers energizes the grinding balls causing the size reduction of powder by impact. Due to the higher capacity of these attritor mills (Table IV), they are usually preferred in an industry rather than in research laboratories. The tumbler mills (Fig. 4b)\textsuperscript{32}, which are traditionally used in mineral processing can also be used for MA, if their diameters are sufficiently large (of the order of meters) and if mills are operated close to the critical speed beyond which the balls stick to the inner walls of the mill. For large scale production, tumbler mills are more economical when compared to the attritor and other high energy ball mills\textsuperscript{56}. Vibratory tube mills\textsuperscript{57} are also used for pilot scale production in which a cylindrical container with the powder and ball charge is vibrated.

The laboratory mills, though have smaller capacities\textsuperscript{58}, offer a higher velocity for the balls\textsuperscript{59-61}. Among the laboratory mills, Spex 8000 shaker mill and Fritsch Pulverisette have found wide use. In the Spex mill, most widely used in U.S.A., the vial containing the balls and powder is vibrated in three mutually perpendicular directions with amplitude of 50mm and a frequency of 20Hz. In the Fritsch planetary mill (P5 and P7), commonly used in the European countries, the disc and the vial mounted on the disc rotate in the opposite directions. This gives a centrifugal force to the balls (Fig. 4c)\textsuperscript{52}. In the basic models (P5 and P7) the speeds of the vial and disc can not be independently varied, however, this has been achieved in the modified versions (G5 and G7)\textsuperscript{61-63}. It may be noted that even though the linear velocity of the balls in Fritsch mill is higher than that of Spex mill, the frequency of impacts is much more in the case of the Spex mill\textsuperscript{59,60} which makes it a higher energy mill in comparison with the Fritsch mill. Due to the low energies of milling in the case of the attritor, it takes a longer period to achieve alloying when compared to the laboratory mills. It has been shown\textsuperscript{64} that alloying in the case of Ti-Mg system takes place after 16h in the Spex mill, while the attritor took 100h to achieve the same result.

The Anutec uni-ball mill is the other high energy ball mill, which has found wide acceptance among the Australian investigators\textsuperscript{51,65}. This mill consists
Fig. 4 Schematic of the milling processes in some of the ball mills (a) attritor, (b) tumbler mill, (c) Planetary ball mill (P-5) and (d) uni-ball mill.

<table>
<thead>
<tr>
<th>Type of Mill</th>
<th>Capacity</th>
<th>Ball velocity (m/s)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mixer Mills</td>
<td>up to 2x20 g</td>
<td>&lt;3.9</td>
<td>53</td>
</tr>
<tr>
<td>Planetary Mills</td>
<td>up to 4x250 g</td>
<td>&lt;11.24</td>
<td>54, 55</td>
</tr>
<tr>
<td>Attritor Mills</td>
<td>0.5-100 kg</td>
<td>&lt;0.8</td>
<td>53</td>
</tr>
<tr>
<td>Uni Ball Mill</td>
<td>up to 4x2000 g</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>
of a stainless steel horizontal cell with hardened steel balls. The movement of balls is confined to the vertical plane by the cell walls and is controlled by external magnetic field, whose intensity and direction can be adjusted. Depending on the position of the magnet, the mill can run in either high energy mode (impact prominent) or in low energy mode (shear prominent) (Fig. 4d)\textsuperscript{51}. Another interesting feature of this mill is that the impact velocity and frequency can be independently controlled\textsuperscript{51}, which is not usually possible in the other mills unless some modifications are incorporated\textsuperscript{57,63}. In addition to the above mills, several other mills such as Fritsch pulverisette P0 (single large ball in a vibrating frame mill)\textsuperscript{66}, rod mill\textsuperscript{67}, modified rod mill\textsuperscript{68} and other specially designed mills\textsuperscript{69,70} have been used for MA/MM. The capacities and linear velocities of the balls in various high energy ball mills are compared in Table IV. Fig. 5 compares the injected power levels in various mills\textsuperscript{62,71}.

2.2 Milling Parameters

Though the ultimate nanocrystalline grain sizes reported by high energy ball mills\textsuperscript{72-74} and conventional low energy ball mills\textsuperscript{75} are quite similar, the kinetics of nanocrystalline phase formation during MA/MM depend on the energy transferred to the powder ingredients from the balls during milling. The energy transfer is governed by various parameters \textit{e.g.}, the type/design of the mill, milling speed, type, size and size distribution of the balls, ball to powder weight ratio (BPR), extent of filling of the vial, temperature of milling, grinding media and the milling atmosphere and finally the duration of milling. The kinetic energy of the balls will be higher with higher speeds of milling and with heavier balls (\textit{e.g.} tungsten carbide (WC) better than steel). Joardar \textit{et al.},\textsuperscript{76} have recently shown that nanocrystalline NiAl formation and its disordering tendency during MA are enhanced with increasing milling intensity. It has also been reported recently\textsuperscript{77}, that the reaction rate for the formation of nanocrystalline TiC during MA increases exponentially with the density of the balls. The size and size distribution and the number of the balls should be so chosen as to achieve optimum packing of the vial. Too dense packing of the balls decreases the mean free path of the ball, while loose packing minimizes the collision frequency. BPR of 5 to 10 is widely used and is found to be effective.

2.3 Contamination during Milling

Most of the MA work reported so far has been carried out using stainless steel (SS) or hardened chrome steel (CS) milling media (balls and container). These can introduce large amount of Fe contamination into the milled powder. It has been shown during the synthesis of NiAl from Ni and Al blend using SS milling media that the Fe contamination is to
the tune of about 18at.\%\textsuperscript{78}. However, with CS milling media (having better wear resistance than SS), the contamination level was ~5at.\%\textsuperscript{78}. The level of contamination not only depends on the milling media but also on other milling conditions such as the type of mill and milling speed etc. Contamination levels are expected to be more in high energy ball mills such as Spex mill. In order to minimize contamination, less energetic mills such as the vibratory mill may be used\textsuperscript{32}. Contamination can be avoided by milling the powders with a milling media made up of the same material as that of the powders being milled\textsuperscript{32}. However, the proposal is difficult to put into reality in many cases.

It has been shown recently\textsuperscript{78-80} that Fe contamination from milling media can be a blessing in disguise. During the MA of elemental blend of Ni and Al, it was observed that completely disordered (long range order parameter, S=0) nanocrystalline NiAl forms when milled with SS media, while partially ordered ($S=0.55$) NiAl forms when milled in tungsten carbide\textsuperscript{78}. Milling with CS media has resulted in NiAl having an intermediate value of $S$ (0.48)\textsuperscript{78}. Fig. 6\textsuperscript{81} shows the X-ray diffraction (XRD) patterns of Ni and Al powder mixture of Al$_{75}$Ni$_{25}$ composition milled in Fritsch Pulverisette (P-5) at 300rpm for 30h using SS and WC milling media. The presence of (100) superlattice reflection of NiAl can be clearly seen (indicated by arrowhead in the figure) in the case of WC, while it is absent when milled in SS. In recent years, it has been argued that some ductility can be introduced into the otherwise brittle intermetallics by grain refinement\textsuperscript{82} and/or by the introduction of disorder\textsuperscript{83}. Fe is known to reduce the ordering energy of NiAl\textsuperscript{83,84}. Thus, it is not surprising that Fe contamination during milling has resulted in the formation of disordered NiAl\textsuperscript{78,81}. The above results suggest that Fe contamination from milling media may be helpful in improving the formability in some otherwise brittle aluminides.

Another example of the usefulness of Fe contamination was observed during MA of Cu-Ni elemental blends\textsuperscript{79}. Complete alloying and the formation of solid solution was observed when an elemental blend of Cu$_{60}$Ni$_{40}$ was milled in Fritsch Pulverisette (P-5) at 300rpm for 20h in SS and CS milling media, while no alloying was observed when milled in WC under identical conditions (Fig. 7)\textsuperscript{79}. Interestingly, in the case of CS and SS milling media, the Cu and Ni crystallites reached nanocrystalline state (<20nm) within 10h of milling, while in the case of WC media they remained coarse (>100nm) even after 20h of milling. This could be attributed to the change in the deformation characteristics of Cu and Ni due to Fe contamination during milling in SS and CS media. In fact Pabi et al.,\textsuperscript{85} have recently shown that nanocrystallization is a prerequisite for alloying during high energy ball milling at least in slow diffusing systems such as Cu-Ni.

Fig. 6 Influence of WC and SS grinding media on the ordering characteristics of mechanically alloyed NiAl

![Fig. 6 Influence of WC and SS grinding media on the ordering characteristics of mechanically alloyed NiAl](image-url)
There have been a number of reports wherein the macroscopic temperature of the mill has been measured. Davis\textsuperscript{90} and McDermott\textsuperscript{91} have measured the maximum temperature of the Spex mill to be 323K (313K without balls) and concluded that most of the heat comes from motor and bearings. Kimura and Kimura\textsuperscript{92} reported a maximum macroscopic temperature of 445K in the attritor. Borzov and Kaputkin\textsuperscript{93} have measured a temperature in the range of 373-488K for attritor using SiC and diamond sensors. Substantial temperature rise (120K) is also reported by Kuhn et al.,\textsuperscript{53} in vibratory mills. Thus the macroscopic temperature during mill appears to be low and sensitive to the mill design\textsuperscript{94,95}.

However, the microscopic temperature of the powder just after the impact can be quite high. In fact, Yermakov et al.,\textsuperscript{96,97} have attributed amorphization during milling to the local melting and rapid solidification of the powders. As it is not practically feasible to measure the microscopic temperature rise at the point of ball-powder-ball impact during milling, investigators have taken recourse to two approaches for its estimation. One of the approaches being to ascertain it on the basis of appropriate models and the other being to infer from the structural/ microstructural changes during milling. However, there can be large temperature rise due to some exothermic reactions during milling. But this is not considered in these models.

Assuming that particles trapped between colliding balls (head-on collision assumed) deform by localized shear, Schwarz and Koch\textsuperscript{55} estimated a microscopic temperature rise of about 40K for Ni\textsubscript{32}Ti\textsubscript{68} and Ni\textsubscript{45}Nb\textsubscript{55} powders in a Spex mill. Davis and Koch\textsuperscript{98} calculated the ball velocities and used the expression and materials of Schwarz and Koch\textsuperscript{55} to predict a rise in temperature \(\Delta T\) of \(\leq112K\). They\textsuperscript{98} have also estimated the maximum \(\Delta T\) to be about 350K. Maurice and Courtney\textsuperscript{99} have also developed an expression for the adiabatic temperature rise during milling by modelling the deformation of powder as equivalent to microforging. However, they assumed \(\Delta T\) to be low such that the material is in the cold working regime. Magini et al.,\textsuperscript{100} have also calculated the adiabatic temperature in a planetary mill and reported the maximum temperature to be of the order of 400K after calculating the amount of powder trapped between the balls assuming a Hertzian collision. Bhattacharya and Arzt\textsuperscript{101} calculated the contact
temperature of the powder compact surfaces, assuming Hertzian elastic collisions, which are higher (623K) than those calculated by others. However, they show a rapid decrease of the temperature to ambient temperature at the center of the compact. Davis and Koch\textsuperscript{98} calculated the \( \Delta T \) due to sliding friction to be very low (\( \leq 10 \)K). Miller et al.,\textsuperscript{102} used microsecond time resolved radiometry to observe a temperature rise during impact on various materials. They observed \( \Delta T \) of the order of about 400K.

In view of the difficulties in modelling of the temperature rise during milling, the microstructural changes occurring during ball milling provides a better alternative for realistic estimation. The observation of deformation bands and slip lines by optical microscopy\textsuperscript{103} and the high dislocation densities and deformation bands seen in transmission electron microscopy\textsuperscript{104} indicate that the microscopic temperatures are much below the recrystallization temperature. However, in some cases it is reported\textsuperscript{92,105} that the temperature is above the crystallization temperature of the amorphous phase. Davis and Koch\textsuperscript{97} studied the tempering of martensite in Fe-1.2\%C steel during ball milling and concluded that the maximum microscopic temperature to be about 548K. Davis and Koch\textsuperscript{98} have also milled Bi powder and concluded that the temperature of milling is below the melting point of Bi (544K). The milling temperature obtained by both calculations and experiments is compiled in Table V. The results suggest that there is only a moderate temperature rise at the point of ball-powder impact during milling, and the possibility of local melting can be ruled out.

3 Nanocrystalline Phases by High Energy Ball Milling

3.1 Nanocrystalline Metals

Nanocrystalline structures were obtained by high energy ball milling of a number of elemental powders such as Cr, Nb, W, Hf, Zr and Co\textsuperscript{106}, Fe\textsuperscript{107,108}, Ni\textsuperscript{109}, Ag\textsuperscript{110}, Si\textsuperscript{111,112} and graphite\textsuperscript{113,114}. The crystallite sizes of the nanocrystals obtained by MA/MM are usually calculated from X-ray peak broadening after eliminating the strain and instrumental broadening constituents using standard methods\textsuperscript{115,116}. TEM and HREM results have confirmed the nanocrystalline nature of these milled elements\textsuperscript{72}. The initial results have shown an indication that the minimum crystallite size obtained by MM varies inversely with the melting point of the elements. It was argued\textsuperscript{106} that in case of elements with low melting points, the tendency for cold welding dominates, resulting in larger crystallite sizes. Very recently, Koch\textsuperscript{41} has compiled the minimum crystallite sizes reported so far for various elements by MM (Fig. 8). The figure clearly brings out the fact that for fcc elements having lower melting points (Al, Ag, Cu and Ni) the minimum crystallite size varies inversely with their melting point\textsuperscript{74}. However, in case of bcc, hcp elements\textsuperscript{72,73} and fcc elements with higher melting points (melting point of Pd)\textsuperscript{74}, the minimum crystallite size is virtually insensitive to their melting points. Thus, the understanding of the reasons for the minimum crystallite size is presently in a primitive stage. However, the fact that similar crystallite sizes were

<table>
<thead>
<tr>
<th>Method of Estimation</th>
<th>( \Delta T ) (K)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calculation</td>
<td>( \leq 10 )</td>
<td>98</td>
</tr>
<tr>
<td></td>
<td>40</td>
<td>54</td>
</tr>
<tr>
<td></td>
<td>130</td>
<td>99</td>
</tr>
<tr>
<td></td>
<td>( \leq 350 )</td>
<td>98</td>
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<tr>
<td></td>
<td>350</td>
<td>101</td>
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<tr>
<td></td>
<td>400</td>
<td>100</td>
</tr>
<tr>
<td>Experimentation</td>
<td>50</td>
<td>90,91</td>
</tr>
<tr>
<td></td>
<td>120</td>
<td>52</td>
</tr>
<tr>
<td></td>
<td>100-215</td>
<td>93</td>
</tr>
<tr>
<td></td>
<td>172</td>
<td>92</td>
</tr>
<tr>
<td></td>
<td>( &lt; 271 )</td>
<td>98</td>
</tr>
<tr>
<td></td>
<td>400</td>
<td>102</td>
</tr>
</tbody>
</table>

Fig. 8 Effect of melting temperatures on the minimum crystallite sizes of various elements as attained by MM\textsuperscript{41}
obtained both in conventional ball mills as well as in the high energy ball mills suggests that it is the total strain, rather than the milling energy, that decides the minimum attainable grain size by MM.

The phenomenology of the development of nanocrystalline microstructure during high energy ball milling as summarized by Fecht consists of three stages. In the first stage, deformation localization occurs in shear bands containing high dislocation density. In the second stage, dislocation annihilation/recombination/rearrangement occurs to form cell/subgrain structure in nanoscale and further milling extends this structure throughout the sample. In the third stage, the orientation of subgrains becomes random. It has been suggested that the ultimate grain size achievable is determined by the minimum grain size that can sustain dislocation pile-up within the grain and the rate of recovery during milling. This means that the minimum crystallite size should be inversely proportional to the hardness. A decreasing crystallite size with solute concentration has been observed in a number of alloy systems which exhibit solution hardening such as Cu(Fe), Ti(Cu), Nb(Cu), Cu(Ni) and Cu(Co). The grain size of Ni(Co), where the hardness does not change significantly on alloying does not show any appreciable change during MA. Similarly, an increase in grain size has also been observed in systems showing solid solution softening such as Ni(Cu), Fe(Cu) and Cr(Cu).

3.2 Solid Solutions

3.2.1 Extension of Solid Solubility

Nanocrystalline solid solutions have been synthesized in a number of systems by MA of elemental powder mixtures such as Ti-Si, Ti-Ni, Ti-Cu, Ti-Mg and Ti-Al. Shen and Koch have recently shown the formation of nanocrystalline solid solutions in Ti-Cu (0-8at.%Cu), Nb-Cu (0-20at.%Cu), Ni-Cu (0-50at.%Cu), Cr-Cu (0-20at.%Cu), Fe-Cu (0-15at.%Cu), Cu-Ni (0-50at.%Ni), Cu-Fe (0-50at.%Fe) and Cu-Co (0-50at.%Co) systems. They suggested that the solid solution hardening or softening is mainly governed by the hardening or softening of the grain boundaries. The extension of terminal solid solubility by MA has not been studied thoroughly so far, as the emphasis of most of the investigators was more either on the ODS alloys or on amorphization. The limited data available on the extension of terminal solid solubility achieved in different alloy systems by MA is shown in Table VI. The formation of solid solution in the entire composition range in the eutectic Ag-Cu system has highlighted the potential of MA in achieving large extensions of terminal solid solubilities even in systems with positive enthalpies of mixing in the solid state. This is supported by the results of Suryanarayana and Froes wherein a terminal solid solubility of 6at.% of Mg in Ti has been achieved by MA while these elements are immiscible in the solid state under equilibrium conditions. They have attributed this extension of solid solubility to the nanocrystalline structure formed during MA. The large volume fraction of grain boundaries present in the nanocrystalline state are expected to enhance the solid solubility in these materials. Murty et al. could show in Ti-Ni and Ti-Cu systems that the extension of solid solubility in these systems is limited by the onset of amorphization. In another report, Murty and Pabi could correlate the limit of extension of solid solubility of NiAl during MA to its crystallite size. Thus, MA can be used very effectively to extend the solid solubility of one element in the other so as to obtain stronger alloys.

3.2.2 Alloying in Immiscible Systems

In the initial stages of development of MA, Benjamin could demonstrate the formation of homogeneous mixtures of Fe-Cu and Cu-Pb by MA. Later, a significant solid solubility was reported in Fe-Cu system by MA. Alloys has also been reported in Cu-W, Cu-V, Cu-Ta and Cu-Co systems by MA. Significantly, Huang et al. have reported continuous series of solid solutions in Cu-Co system. Alloying in liquid immiscible systems by MA is an interesting phenomenon and there have been efforts to understand the driving force for such a behaviour during high energy ball milling. Yavari et al. have attributed this to the capillarity effect in the nanocrystalline state. They argued that high energy ball milling results in the formation of small fragments with tip radii of the order of 1nm. The capillarity pressure at these tips forces the atoms on these fragments to dissolve. Gente et al. and Huang et al. have proposed that the formation of homogeneous solid solution is energetically more favoured when the crystallite size of the constituents is reduced below a critical size which is of the order of 1-2nm. Murty et al., Pabi et al. and Huang et al. have shown that
<table>
<thead>
<tr>
<th>Solvent</th>
<th>Solute</th>
<th>Equilibrium</th>
<th>Solid Solubility at room temperature (at %)</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ag</td>
<td>Cu</td>
<td>0.3</td>
<td>100.0</td>
<td>125</td>
</tr>
<tr>
<td></td>
<td>Ni</td>
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nanocrystallization is a prerequisite for MA in immiscible or partially miscible systems.

### 3.3 Nanocrystalline Intermetallic Compounds

The intermetallics constitute some of the most technologically prospective engineering materials. This stems from their novel attributes such as excellent high temperature strength and thermal stability apart from the high corrosion/oxidation resistance and unique electrical and magnetic properties. However, the high melting temperatures and the poor formability of the intermetallics poses a major impediment to their conventional processing. Under this perspective, MA has been envisaged as an extremely promising solution. Over the past one decade, a considerable volume of work has been reported on the synthesis of a large number of intermetallic compounds through MA. The possibility of producing these intermetallics in the nanocrystalline state by MA (Fig. 9a and b) has increased the popularity of this technique, as it can induce some formability in these otherwise brittle materials. Fig. 10 shows that the increase in hardness is quite significant (by 4 to 5 orders) in case of metals on nanocrystallization, while in
case of intermetallics (Nb,Sn) it is quite marginal (10-20%)\(^{39}\). Dymek et al.,\(^{166}\) have demonstrated sufficient compressive ductility (>11.5%) in fine-grained (<1\(\mu\)m) NiAl. Jain and Christman\(^{167}\) have shown that nanocrystalline FeAl (Fe-28Al-2Cr crystallites of 80nm) is brittle in tension, but is superplastic in compression. The bulk of these efforts have been on the aluminides and to some extent on the silicides.

### 3.3.1 Aluminides

Overwhelming interest in the MA of nanocrystalline aluminides has been instigated by their possible applications in aerospace and automotive industries owing to their high specific strength and corrosion/oxidation resistance at elevated temperatures. Among all aluminides, MA of Ni, Ti and Fe aluminides have so far received major attention.

**Ni-Aluminides**: The formation of nanocrystalline Ni-aluminides, such as NiAl\(_3\), NiAl and Ni\(_3\)Al through MA has been established at various compositions in the binary Ni\(_x\)Al\(_{100-x}\) (32<\(x<90\)) elemental blend\(^{168}\). Subsequent efforts\(^{169-173}\) have confirmed the previous results of solid state synthesis in the Ni-Al system. Though a considerable extension of phase fields in the Ni\(_3\)Al, NiAl and even in the line compound NiAl\(_3\) have been observed under intensive milling conditions\(^{169,171}\), Ni\(_3\)Al\(_3\) and Ni\(_3\)Al\(_3\) phases were found metastable under similar conditions\(^{169}\). It is of interest to note that, in a marked contrast to the gradual temperature rise (~348K) during MA of Ni-aluminides in laboratory ball mill under air\(^{168}\), formation of NiAl in Spex 8000 mill under Ar atmosphere\(^{170}\) was accompanied by an exothermic reaction within a short duration of milling following an interruption after 2h of continuous milling. A similar observation has also been reported recently\(^{174}\) on low energy ball milling of Ni\(_{50}\)Al\(_{50}\) as well. Recent studies by Liu et al.,\(^{175}\) have revealed a delayed initiation of the exothermic NiAl phase formation reaction on addition of ternary alloying elements such as Ti and Fe as indicated in Fig. 11. The occurrence of explosive reaction was also observed on opening the vial following milling\(^{174}\). This suggests the possible role of energy liberated during oxidation of Al in promoting the Ni-Al reaction. On the other hand, the absence of catastrophic reaction when milled in air\(^{168}\) could be attributed to the continuous oxidation of the
elements and the slow diffusion between the oxide coated ingredients, which results in reduced reaction kinetics. Pabi and Murty\(^{176}\) have observed wide phase fields for the Ni aluminides (Fig. 12) in the nanocrystalline state and could explain the large extension in the NiAl phase field in the nanocrystalline state based on thermodynamic considerations (Fig. 13)\(^ {141}\).

**Ti-Aluminides:** Investigations on Ti-Al intermetallics have revealed stiff resistance to alloying during MA. For example, prolonged milling for 100h in Fritsch P-5 planetary mill at a BPR of 10 has failed to produce Ti-Al compounds\(^{177}\). The formation of Ti-Al intermetallics could be achieved on adopting a two stage process involving MA and subsequent annealing\(^ {178}\). This is evidenced by the MA efforts for the synthesis of TiAl and TiAl\(_3\), which required annealing of the ball milled ingredients at 873 and 813K respectively\(^ {179}\). Several other reports on the production of Ti-Al intermetallics such as TiAl\(_3\), Ti\(_2\)Al\(_3\), TiAl and TiAl through a 'mechanically activated annealing process' involving intense ball milling followed by annealing process are also available\(^ {180,181}\). It is, however, quite obvious that the annealing temperatures would vary considerably depending on the final crystallite sizes which dictates the diffusion distance. On the other hand, there also exist some reports of direct synthesis of Ti-Al intermetallics by MA. For example, the formation

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**Fig. 11** Influence of ternary additions on the initiation of exothermic NiAl phase formation reaction\(^ {175}\)

**Fig. 12** Extended phase fields of Ni-aluminides under MA

**Fig. 13** Role of crystallite size on the thermodynamic stability of NiAl over an extended phase field
of TiAl and Ti$_2$Al has been reported during MA of Ti$_{40}$Al$_{60}$ and Ti$_{50}$Al$_{50}$ elemental blends$^{182}$. Moreover, investigations by Park et al.$^{183}$ have shown successful synthesis of TiAl and Ti$_2$Al through direct MA in vibratory mill in stainless steel grinding media with 12.7 and 19.1 mm diameter grinding balls. However, the extent of Fe-contamination and its possible role in triggering such a reaction during MA remain to be looked into. Suryanarayana et al.$^{184}$ could synthesize TiAl by MA of TiAl$_3$ and TiH$_2$.

**Fe-Aluminides**: FeAl$_3$ formation during MA of Fe$_{20}$Al$_{80}$ and Fe$_{25}$Al$_{75}$ blends in Fritsch P-5 planetary ball mill is quite well documented$^{185,186}$. Interestingly, the initiation of FeAl$_3$ formation occurred within 40h in the Fe$_{25}$Al$_{75}$ blend as against 65h in Fe$_{20}$Al$_{80}$. Such a delayed synthesis of FeAl$_3$ in Fe$_{20}$Al$_{80}$ is quite explicable due to the off-stoichiometric composition. No intermetallic compound has been detected in Fe-87.5 sat.%Al blend even after 80h of MA$^{185,186}$. Subsequent annealing at 773K, however, resulted in FeAl$_3$ phase. The formation of such non-stoichiometric FeAl$_3$ may be an indication of an extended FeAl$_3$ phase field, though, any possible Al loss due to oxidation may also be responsible for such observation. MA of Fe-rich composition, e.g., Fe-25 sat.%Al, which incidentally lies in the Fe$_3$Al phase field, has been found to produce FeAl instead$^{187}$. Subsequent annealing, on the other hand, has led to B2- Fe$_3$Al instead of the usual DO$_3$ structure. The formation of FeAl during MA in preference to FeFe$_3$ has been attributed to its more negative Hf (-31.8 kJ/mol) when compared to that of Fe$_3$Al (-18 kJ/mol). The formation of metastable Fe$_2$Al$_5$ through MA has also been demonstrated$^{188}$ within 0.5h in Spex 8000 mill at a BPR of 6, which finally transformed to a more stable FeAl on MA for 5h.

**Other Aluminides**: Apart from the above mentioned Ni, Ti and Fe aluminides, MA has demonstrated its ability in the synthesis of several other aluminides including ternary aluminides. Some of these aluminides includes Cu-Al, Nb-Al, Mo-Al, Zr-Al, Al-Ni-Fe, etc. A list nanocrystalline aluminides synthesized by MA is presented in Table VII.

### 3.3.2 Silicides

The MA of silicides has gained significant interest in recent years,$^{206}$ particularly because of their potential applications as structural materials in the field of microelectronics and electrical technology.

*Ni-Silicides*: The initial efforts by Radlinski and Calka$^{207}$ on the synthesis of Ni-Si intermetallics through MA of an equiatomic blend of Ni-Si failed to produce the desired product even after prolonged milling for 1000h. However, subsequent annealing treatment at 973K for a period of 1h did result in the formation of NiSi. On the other hand, studies on MA of Ni$_{100-x}$Si$_x$ (x=25, 28, 33, 40 and 50) in Fritsch P-5 at a very high vial speed of 642rpm revealed crystalline phase formation in Ni$_3$Si, Ni$_5$Si$_2$ and NiSi compositions and an amorphous phase in Ni$_2$Si$_3$, Ni$_2$Si compositions$^{208}$. Recently, Datta et al.$^{209}$ studied the MA characteristics of the entire range of composition in Ni-Si system. They have observed that only congruent melting silicides form in the nanocrystalline state and the formation of non-congruent silicides is suppressed even at their

![Fig. 14 (a)](image1.png) Equilibrium Ni-Si phase diagram indicating compositions subjected to MA and (b) metastable phase diagram at nanocrystalline state

![Fig. 14 (b)](image2.png)
Table VII
Nanocrystalline Aluminides Synthesized by MA

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<td>MA</td>
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</tbody>
</table>

HT: Heat treatment

equilibrium compositions. Thus, in the nanocrystalline state the phase fields of silicides are given by the metastable phase diagram in comparison to the stable phase diagram as shown in Fig. 14(a) and (b).

Fe-Silicides: MA efforts with elemental Fe$_3$Si$_6$ blend$^{210}$ have shown the formation of a mixture of low temperature-tetragonal $\alpha$-FeSi$_2$, high temperature-orthorhombic $\beta$-FeSi$_2$ and the cubic FeSi phases. MA studies on Fe$_{100-x}$Si$_x$ (x=5, 25, 37.5 and 50) in Fritsch P-7 at a BPR of 12 have revealed the formation of FeSi, Fe$_2$Si, Fe$_3$Si$_3$ and FeSi$_2$ respectively.$^{211}$ However, MA of Fe-6.5wt.%Si has shown the formation of a solid solution.$^{212}$ In fact, extremely high intensity MA$^{213}$ has demonstrated the formation of Fe-Si solid solution over an extended phase field up to Fe-37.5wt.%Si. On the other hand, MA studies in the Si-rich composition regimes in horizontal ball mill$^{214}$ have revealed the formation of $\beta$-FeSi$_2$ phase for Si>70at.% and $\epsilon$-$\beta$-FeSi$_2$ at 50at.%<Si<70at.%.  

Ti-Silicides: In the initial studies on MA of Ti-Si system by Veitl et al.$^{215}$ in planetary ball mill, no intermetallic formation in the intermediate stages of milling have been detected possibly due to fast amorphization reaction in the high energy milling. However, the generation of TiSi intermetallic phase prior to amorphization during MA has been observed within 4h in Vibro mill at higher BPR$^{216}$. MA results reported by Oehring and Bornmann$^{217}$ and Park et al.$^{218}$ demonstrate the formation of crystalline Ti$_5$Si$_3$, which remained stable even on prolonged milling. Such a high stability of Ti$_5$Si$_3$ against amorphization during milling is in conformity with its large negative free energy of formation (~71kJ/mol at 673K). Recent studies on MA of elemental blends of compositions
Ti$_{33}$Si$_{67}$ and Ti$_{42}$Si$_{48}$ have shown the formation of crystalline Ti$_5$Si$_3$ and Ti$_2$Si$_4$ embedded in an amorphous matrix after 60h of milling in Vibro mill$^{219}$. TiSi$_2$ and TiSi phases were also detected in the preliminary stages of milling (4h) in this study, which paved way to the more stable phases with the progress of milling.

**Mo-Silicides:** Most of the research work on MA of Mo-silicides has been primarily focused on the Mo-disilicide (MoSi$_2$), which is a well-known refractory intermetallic (melting point=2323K) with considerable technological importance. Successful synthesis of MoSi$_2$ by MA has been reported by Schwarz et al.$^{220}$ in Spex 8000 mill within 70h. More recently, nanocrystalline MoSi$_2$ has been synthesized by MA of Mo$_{33}$Si$_{67}$ in planetary ball mill (Fritsch P-5) at a disc speed of 280rpm$^{221}$. Interestingly, both the low temperature as well as the high temperature phases viz., $\alpha$ and $\beta$-MoSi$_2$ occurred during MA, with the extent of $\beta$ phase increasing with milling time. Lee et al.$^{222}$, have reported that the formation of MoSi$_2$ during MA is quite sensitive to the type of mill used. While both $\alpha$ and $\beta$-MoSi$_2$ could be obtained by MA in Spex mill, MA in planetary mill could not yield the silicide even after subsequent annealing treatment. In a significant report, Liu and Magini$^{223}$ have shown that high energy ball milling results in a self propagating high temperature synthesis (SHS) reaction leading to stable $\alpha$-MoSi$_2$, while low energy milling leads to metastable $\beta$-MoSi$_2$ without any such reaction.

**Other Silicides:** The development of silicides other than the Ni, Fe, Ti and Mo-silicides through MA has evoked only limited interest so that only a handful of such reports is available. Some of these have been on the Pd-silicides. It is interesting that while high energy ball milling$^{224}$ resulted in the formation of the line compound Pd$_3$Si along with an amorphous phase from a mixture of composition Pd-16-23at.%Si elemental blend, low energy milling$^{225}$ of Pd-17at.%Si led only to an amorphous phase. The direct synthesis of Pd$_3$Si has been reported on MA of Pd-Si blends with Si>33at.% while at Si>50at.%, initial product of Pd$_3$Si is destabilized on prolonged milling and gradually transformed to the high temperature PdSi phase$^{226}$. Nb$_5$Si$_3$ and Ta$_5$Si$_3$ compounds have also been synthesized through MA of elemental blends$^{227}$. Lou et al.$^{228}$ have shown that milling without interruption leads to the abrupt formation of NbSi$_2$, while regular interruption results in its gradual formation. Unlike in MoSi$_2$ where prolonged milling resulted in the transformation of the low temperature phase ($\alpha$) to the high temperature phase ($\beta$), the progress of MA of Nb$_5$Si$_3$ in Spex mill$^{229}$ led to the formation of more of the room temperature phase ($\alpha$) at the expense of the high temperature phase ($\beta$).

### 3.3.3 Other Intermetallics

Though the aluminides and silicides have stolen the lime light in the field of research on MA of intermetallics, several other intermetallics deserve notable mention due to fundamental aspects as well as technological importance. The formation of various compounds in the Cu-Zn system viz., $\beta$-CuZn, $\gamma$ Cu$_2$Zn$_8$ and $\varepsilon$ phases, through MA has been extensively studied over the last decade$^{230,231}$. Studies have shown that a sequence of phase formation is maintained during milling of elemental Cu-Zn blends in Fritsch P-5, wherein, the Zn-rich phases e.g. $\varepsilon$, and/or $\gamma$ were always the first to form$^{230}$. This is attributed to the much higher diffusivity of Cu in Zn than vice versa$^{230}$. The progress of milling has shown the gradual formation of the Cu-rich phases through a continuous diffusive mechanism. The synthesis of superconducting intermetallics by MA e.g., Nb$_3$Sn has also been successful$^{232}$, while efforts on MA of superconducting Nb-Ge system has led to successful production of a number of phases viz., Nb$_3$Ge, Nb$_5$Ge and NbGe$_2$ depending on the composition of the starting blend$^{233,234}$. A list of non-aluminide and non-silicide intermetallics produced by MA is presented in Table VIII.

A number of metastable intermetallics have been obtained during MA in the nanocrystalline state. A bcc phase has been obtained at an elemental composition ratio for Nb$_3$Al instead of the equilibrium A15 compound$^{120}$ and a hcp phase at Ti$_3$Al, where the equilibrium structure is D0$_{19}^{19}$. Similarly, TiSi$_2$ phase with metastable C49 structure has been obtained both by MM of equilibrium C54 structure and by MA of Ti and Si$^{249}$. Formation of hexagonal C14 phase, metastable at room temperature has been obtained in stead of stable C15 cubic Cr$_2$Nb during MA$^{250}$.

### 3.4 Nanocomposites

In recent years, there have been considerable efforts to produce in-situ nanocomposites by MA. Zhu et al.$^{251}$ have synthesized Pb-Al and Fe-Cu nanocomposites by MA. In a similar attempt,
Proenzano and Holtz\textsuperscript{252} have shown the formation of Ni-Ag and Cu-Nb nanocomposites by MA. Du \textit{et al.}\textsuperscript{253} have produced Al-BN composites by high energy ball milling. In an interesting report, Naser \textit{et al.}\textsuperscript{254}, have showed that no grain growth occurs in the matrix close to its melting point when Cu and Mg are reinforced with nanocrystalline Al\textsubscript{2}O\textsubscript{3} by mechanical alloying. Wu \textit{et al.}\textsuperscript{255} have reported the formation of nanocrystalline TiC in an amorphous Ti-Al matrix by MA. A solid state reaction leading to the formation of AlN and AlB\textsubscript{2} was reported by them during further processing of these nanocomposites. Ti\textsubscript{4}Al\textsubscript{5}Si\textsubscript{3} nanocomposites have been reported by Liu \textit{et al.}\textsuperscript{256} by MA followed by thermal treatment. They attribute the formation of these nanocomposites to the crystallization of amorphous phase obtained by MA in Ti-Al-Si system. These nanocrystalline compounds appear to be quite stable and no significant coarsening was observed even after heat treatment for 1h at 1273K. Similar nanocomposites have been obtained by Senkov \textit{et al.}\textsuperscript{257} by MA and subsequent heat treatment of a mixture of TiH\textsubscript{2} and Al-Si alloy powders. NbAl\textsubscript{3}-NbC nanocomposites have been

![Fig. 15 Change in the microhardness of Ti-Al alloys with d\textsuperscript{-0.5}(\mu m\textsuperscript{-0.5})](image-url)
obtained by MA of Al and Nb powders\(^{258}\). Interestingly, NbC in this case appears to have formed by the reaction of Nb with the methanol medium in which the milling was performed. Manna et al.,\(^{259}\), have recently synthesized nanocomposites of Cu-NbAl\(_3\) by the codeposition of nanocrystalline NbAl\(_3\) during the electrodeposition of Cu. Pfullmann et al.,\(^{260}\) have mechanically alloyed TiAl base alloys with Si to synthesize nanocomposites with Ti\(_3\)Si\(_3\) dispersions in TiAl and Ti\(_3\)Al and found significant improvement in microhardness in the nanocrystalline state (Fig. 15).

4 Mechanism of Nanocrystalline Phase Formation during MA

The phase formation processes to a great extent are influenced by the chemical driving force provided by the free energy/enthalpy difference. In case of nanocrystalline materials, the contribution of interfacial energy term becomes comparable with the chemical free energy term, and hence has a decisive role in dictating the stability of equilibrium phases in the milled product. For instance, precipitation of second phase particles in nanocrystalline supersaturated solid solution is going to be difficult due to further increase in interfacial areas. For this reason, reactions like discontinuous precipitation or peritectoid transformations are expected to be suppressed in nanocrystalline alloys. The large density of dislocations generated in the as milled products under heavy cold work involved during MA can also contribute to the enhanced diffusivity values and thereby significantly influence the alloying mechanism\(^{261}\). The studies on ball milling induced alloying has broadly led to three major type of mechanisms as discussed below:

(a) Continuous Diffusion (CD) of Reacting Species

The mechanism is characterized by a continuous change in the lattice parameter of the solvent with the progress of milling at the expense of the depleting solute content. Zbiral et al.,\(^{262}\) have proposed two different mechanisms (I and II) occurring via CD mode. In mechanism I, for a lower solubility of A in B compared to B in A in the A-B system, alloying is achieved by diffusion of the B into A. Such mechanism has been suggested to be relevant to binary model systems e.g., Ni+Al, Ni+Ti, Ni+Cr, Ni+Mo, Ni+W. While mechanism II has been proposed to operate in systems with good mutual solubilities e.g., Ni+Cu, Ni+Ta and Ni+Zr. Fig. 16 illustrate the two alloying mechanisms and indicate the direction of diffusion and alloy growth.

(b) Variation in the solubility of Zn in Cu during MA of different Cu-Zn blends

Fig. 17(a) Changes in the crystallite size of \(\alpha\) and \(\varepsilon\) and
Recently, the mechanism of mixing has also been analyzed in Cu-Zn model system\textsuperscript{80}, which is characterized by $\Delta H_f \sim -6$ to $-9$kJmol$^{-1}$. As evident from Fig.17a, the formation of $\alpha$ and $\varepsilon$-phases occur with the reduction in crystallite sizes of (Cu). A concomitant increase in the amount of Zn dissolved in Cu at the initial stages of milling is also estimated (Fig.17b), which indicates fast diffusion of the species at nano-grain sizes. Interestingly, alloying was found to initiate by the diffusion of Cu into Zn so that even at a Cu-rich composition in equilibrium $\alpha$ phase field, the Zn-rich phases $\eta$ or $\varepsilon$ were first to form. These Zn-rich phases were however metastable, and paved way for the more stable phase(s) at the particular composition. The above behaviour may be easily understood if one looks into the diffusivities of Cu and Zn in each other (extrapolated at the probable milling temperature of $\sim 473$K from high temperature data\textsuperscript{263}) which indicate nearly eight order of magnitude higher $D_{\text{Cu}}$ in Zn $(2.99 \times 10^{-14}$cm$^2$/s) when compared to $D_{\text{Zn}}$ in Cu $(8.21 \times 10^{-23}$cm$^2$/s). Similar mixing behaviour has also been observed in Cu-Ni system as reported by Pabi et al.\textsuperscript{264}

**b) Self-Sustaining Reaction (SR)**

Though, in real sense SR mechanism is more a reaction synthesis mechanism rather than a MA mechanism, it deserves attention because of the indications in several reports that similar process possibly play the crucial role in the overall alloying behaviour by increasing the milling temperature drastically, which in turn promotes the desired reaction. For example, the synthesis of Ni-Al intermetallic from Ni-Al blend has been reported to be associated with an exothermic reaction due to oxidation during milling which supports the reaction leading to generation of phase(s)\textsuperscript{170,265}. The role of crystallite size and lattice strain, however, has been overlooked and warrants critical assessment. In an effort to develop a well defined criteria for self sustaining reaction it has been suggested\textsuperscript{60} that for the reaction to occur the required diffusion distance, must decrease relatively more rapidly than the accomplished diffusion distance ($X_D$) increases (Fig.18).

**c) Discontinuous Additive (DA) Mixing**

The mechanism is characterized by the typical behaviour of the crystallite size refinement whereby the crystallite size of the product at the onset of its

![Fig. 18](image1) Schematic of a reaction process where the phase evolution occurs at a time, $t$, when the required diffusion distances (l) as well as the accomplished diffusion length ($X_D$) converges\textsuperscript{60}

![Fig. 19](image2) Discontinuous additive mixing during NiAl formation from (a) Ni$_{50}$Al$_{75}$ and (b) Ni$_{50}$Al$_{40}$ blend compositions by MA
formation is equal to the sum of the individual crystallite size of the constituents\textsuperscript{264}. It may be noted that the mixing behaviour during MA of binary Ni-Al blends as analyzed in various prototype compositions \textit{viz.} Ni\textsubscript{21}Al\textsubscript{79}, Ni\textsubscript{25}Al\textsubscript{75}, and Ni\textsubscript{50}Al\textsubscript{50} have revealed similar behaviour. Interestingly, the formation of ordered NiAl from Ni\textsubscript{25}Al\textsubscript{75} and Ni\textsubscript{50}Al\textsubscript{50} blends initiates when the crystallite sizes of the ingredients, Ni and Al, at the onset of the reaction shows an additive relation when compared to that of the product, NiAl (Fig.19(a) and (b)). Furthermore, the critical crystallite size of the constituents, at which the DA mixing is triggered, depends on the composition and it is largest at the stoichiometric composition (\textit{i.e.}, Ni\textsubscript{50}Al\textsubscript{50}) apparently for maximum available driving force\textsuperscript{264}. This does not fit to the conventional continuous diffusive mixing mechanism. It may be recalled that earlier reports\textsuperscript{170,265} have indicated the association of a sudden exothermic reaction in the vial during the synthesis of NiAl from a stoichiometric blend composition, which is suggestive of reactive mixing as stated in the previous section. However, in reactive mixing the reaction front usually propagates in unpredictable direction and is, therefore, unlikely to show additive rule as observed by Pabi \textit{et al.}\textsuperscript{264} In addition, as milling in these studies were performed under liquid (toluene) bath, high temperature build-up at the collision point is unlikely. The temperature estimates from earlier studies 94 points to a modest rise in temperature (~ 473-573K). It is noteworthy to mention in this connection that studies on external heating of Ni-Al powder compacts in atomic volume of 1:3 at a heating rate of 8.33 x 10\textsuperscript{-2}K/s shows the initiation of a self propagating high temperature reaction (SHS) at ~823K\textsuperscript{266}. While, studies on Ni-Al foils at overall compositions between Ni-25 to 75at.\%Al have indicated that the initiation of SHS required a temperature of greater than or equal to the melting point of Ni\textsuperscript{267}. Thus, the discontinuous additive mode of mixing is quite unique, which may, however, be looked upon as a low temperature version of reaction synthesis.

\subsection{4.1 Factors Controlling the Mixing Mechanisms}

It may be noted that the mechanically induced energy may even supersede any thermodynamic or kinetic barrier to instigate reaction in otherwise immiscible systems. The difference in the alloying behaviour in various systems may be, therefore, evaluated within a framework delineated by distinct ranges of enthalpy of formation/mixing. On the other hand, recent investigations also point to the possible influence of the ordered structure of the mechanically alloyed products in determining the mode of alloying. These aspects need greater attention for an in-depth understanding of the underlying fundamentals, which has not been attempted so far.

\subsubsection{4.1.1 Influence of $\Delta H_{\text{mix}}$}

I. $\Delta H_{\text{mix}} < 0$

The above condition thermodynamically favours alloy formation. However, the occurrence of the reaction during MA from elemental blends is likely to be decided by the kinetic factors. The system has to surmount the activation energy barrier by the mechanical energy impounded into the ultra-fine-crystal ensembles and once it crosses this barrier the reaction is sustained by an enhanced downhill diffusion. Though, there exist no distinct criteria defining the alloying mechanism involved during MA, three different modes have been reported to operate in several systems \textit{viz.} a continuous diffusion induced transformation, a self sustaining reaction assisted by some exothermic process accompanying ball milling and also the discontinuous additive mixing mode observed in aluminides as discussed in previous section.

II. $\Delta H_{\text{mix}} > 0$

The positive heat of mixing in system implies lack of chemical driving force for alloying and as such, the formation of intermediate phases or solid solution is thermodynamically not feasible under equilibrium conditions. The mechanism underlying the solid solution formation in systems with positive $\Delta H_{\text{mix}}$ under the non-equilibrium MA processing have been found to be of CD type. The alloying process in these systems has opened up several possibilities based on the source of driving force as mentioned below. It may be noted that all these mechanisms suggested for systems with positive heat of mixing could well be applicable for systems showing negative enthalpy of mixing.

(a) Energy Stored in Grain Boundary

The large grain boundary energy has been correlated to the occurrence of solid state alloying based on the observation that reaction proceeds as the crystallite sizes of elemental constituents drops down to nanometric level\textsuperscript{154}. Substantial amount of enthalpy is expected to be stored in the nanocrystalline metal due to large grain boundary area\textsuperscript{31}. 
(b) Oxygen Induced Mixing
The possible reduction in the enthalpy of mixing of systems by the dissolution of oxygen has also been suggested to induce alloy formation in liquid immiscible systems e.g., Cu-Ta and Cu-W, both of which have tendency to form amorphous phases on milling\textsuperscript{39}. This has been supported by the reported reduction in the heat of transformation of amorphous Cu\textsubscript{49}Ta\textsubscript{70} to elemental state of only 3-11kJ/g atom\textsuperscript{153,267} from the expected value of ~20kJ/g atom. However, no such change in the enthalpy of mixing has been reported in Cu-Co system\textsuperscript{148} even for higher amounts of oxygen.

(c) Capillary Pressure Mechanism
The mechanism suggested by Yavari et al.\textsuperscript{143} for composites of Cu with Fe or other high-melting bcc metals, having positive $\Delta H_{\text{mix}}$, considers fracturing of the composite on deformation, with the formation of fragments of small tip radii. Such structure leads to capillary pressure build-up at the small tips, which in turn forces, the atoms of the fragments to dissolve. Yavari et al.\textsuperscript{143} has further shown that for an incoherent Cu/Fe interface enthalpy of 1.4J/m\textsuperscript{2}, dissolution of Fe atom in Cu occurs for a tip diameter $\leq$14nm.

(d) Dislocation Assisted Alloying
High dislocation density may also contribute to a substantial increase in the mutual solubility in systems with positive $\Delta H_{\text{mix}}$\textsuperscript{144}. This is due to change in the chemical potential of the solute atoms in the strain field of an edge dislocation. Such mechanism has been extended to account for the metastable solid solubility in Cu-Fe system under ball milling\textsuperscript{144}.

(e) Influence of Coherent Interface
Apart from the excess structural enthalpy of the system on account of the grain refinement during ball milling, coherent interface formation in systems, e.g., Cu-Co (between Cu and Co regions) has been considered to play significantly in the solid solution formation\textsuperscript{158}. It has been argued that the formation of such coherent interface between Cu and Co regions does not change the crystallite size so that the thickness of the elemental components in the final state may be much smaller than their crystallite sizes, enhancing the chemical contribution of the interface. The critical size, $d_\text{C}$, below which the chemical contribution of the Cu-Co interface enthalpy exceeds the free energy of the solid solution, has been calculated from simple energy relations, neglecting the small entropy contribution to the free energy of interface. The enhancement in the chemical contribution of interface enthalpy with the refinement of microstructure has been shown in Fig. 20 for different sizes of Cu and Co regions. Considering an enthalpy of 0.3J/m\textsuperscript{2} for the coherent Cu/Co interface for $d_\text{C} \sim$1nm, the $\Delta H_{\text{chem}}$ for Cu\textsubscript{50}Co\textsubscript{50} composite raises above 6kJ/g atom which is sufficient to allow for a phase transformation of the composite into solid solution provided the interface temperature reaches $\sim$673K during ball milling operation.

4.1.2 Influence of Ordering Characteristics
The various mechanisms controlling the phase formation reactions during MA have been investigated in Cu-Al, Nb-Al, Ni-Al and Fe-Al systems having $\Delta H_1<<0$. It has been attempted to generalize the theory propounded for these systems by comparing with alloying mode in Cu-Zn possessing less negative Hf and Cu-Ni with $\Delta H_1>0$. Table IX presents the various alloying mechanisms operating in these systems during MA. As it evolves from the above table (Table IX)\textsuperscript{268}, there exists contrasting mode of mixing in the ordered products viz. NiAl\textsubscript{5} and NiAl on one hand and the disordered products e.g., Ni\textsubscript{3}Al and FeAl on the other. The Table reflects the possible role played by the structural order in the product phase in determining the synthesis mechanism. This is elucidated by the influence of a highly disordered

![Fig. 20 Chemical contribution of interface enthalpy with the refinement of microstructure\textsuperscript{158}](image-url)
Fig. 21 Crystallite size variation with milling time in the formation of NiAl during MA of (a) Ni<sub>40</sub>Al<sub>40</sub>Fe<sub>20</sub> and (b) Ni<sub>40</sub>Al<sub>40</sub>Cr<sub>20</sub> blends.

### Table IX

<table>
<thead>
<tr>
<th>System</th>
<th>Composition</th>
<th>Product phase</th>
<th>C S (nm)</th>
<th>Product nature</th>
<th>ΔH&lt;sub&gt;j&lt;/sub&gt; (kJ/mol)</th>
<th>Alloyming mechanism</th>
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<tr>
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<td>DO</td>
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<td>FeAl</td>
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<td>DO</td>
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<td>25</td>
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<td></td>
<td>20</td>
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<td>-</td>
<td>CD</td>
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<tr>
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<td>Nb&lt;sub&gt;n&lt;/sub&gt;Al&lt;sub&gt;n&lt;/sub&gt;</td>
<td>NbAl</td>
<td>9</td>
<td>ORD</td>
<td>-20</td>
<td>CD</td>
</tr>
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</table>

C.S. = crystallite size after 20h of MA; ORD=ordered; DO=disordered (S≤0.3); CD=continuous diffusive mixing; DA=discontinuous additive mixing.

Ball milled NiAl, caused by Fe or Cr additions as described in ref. [47], on the mixing phenomenon (see ref. [28]). Interestingly, the crystallite sizes at the onset of the formation of the highly disordered NiAl in NiAl(Fe/Cr) blends do not demonstrate the usual additive relation as evident from Fig.21(a) and (b). However, a gradual shift in the lattice parameter of Ni caused by the gradual consumption of Al with progress of milling is observed (Fig.22), that evidences a continuous diffusive mixing mode in the disordered NiAl. It may be noted that though Fig. 22 reports the variation of Ni peak in Ni<sub>40</sub>Al<sub>40</sub>Cr<sub>20</sub> only up to 8h its presence was evident till 16h. However, it was difficult to ascertain the lattice parameter as well as crystallite size because of its highly diffused nature. Furthermore, it may be mentioned that a considerably higher diffusivity values are usually
expected in the disordered state of a phase when compared to that in its ordered state e.g., the diffusivity of Cu in Zn at 773 K in disordered β-phase ($D_{\text{Cu in Zn}}=4.8 \times 10^{-10} \text{m}^2/\text{s}$ at 773 K in β) under identical conditions is 35 times higher than that in ordered β ($D_{\text{Cu in Zn}}=1.4 \times 10^{-14} \text{m}^2/\text{s}$ at 773 K in β), while the diffusivity of Zn in Cu in disordered β exceeds that in ordered β by about 144 times ($D_{\text{Zn in Cu}}=1.3 \times 10^{-11} \text{m}^2/\text{s}$; $D_{\text{Zn in Cu}}=9.0 \times 10^{-11} \text{m}^2/\text{s}$ at 773 K)\(^{263}\). Such situation is expected to prevail in the highly disordered AlNi structure as well, which perhaps assist the phase formation reaction by the continuous diffusive mechanism as observed in the present investigation. However, it may be noted that the formation of Nb$_3$Al during MA follows a continuous diffusive mechanism in spite of it being ordered on MA. It may be noted that the Δ$H_f$ for Nb$_3$Al is less negative when compared to that of Ni$_3$Al or NiAl$_3$. The above studies, therefore, indicate that the mode of mixing is continuous diffusive if either Δ$H_f > -40 \text{kJ mol}^{-1}$ for a given phase or the as milled product is disordered.

5 Kinetics of Alloying during MA
It is well known for over three decades that mechanical deformation enhances the diffusion rate and the process has been termed as “mechanical diffusion” by Balluffi and Roux\(^{269}\). Gleiter\(^{270}\) has shown that a large potential gradient leads to a high rate of diffusion in the vicinity of a dislocation even at temperatures where self-diffusion is not possible. Gleiter had also shown that the passage of dislocations through Ni$_3$Al particles in Ni-rich matrix causes pronounced reversal of solute to the matrix from the precipitates, thus resulting in their dissolution at large deformation. Thus, the deformation-enhanced diffusivities can play a significant role in deciding the alloying kinetics during MA.

Recent development of a kinetic model based on a modified version of the iso concentration contour migration (ICCM) method developed earlier\(^{271}\) to estimate the rate of diffusion controlled dissolution in a two phase planar and multilayered aggregate\(^{268}\), has been a significant step in kinetic analyses of the MA process. Fig. 23 shows the experimental and calculated results of the respective variation of solubility of Ni, Al and Zn in Cu for Cu$_{50}$Ni$_{50}$, Cu$_{80}$Al$_{20}$ and Cu$_{70}$Zn$_{30}$, as a function of milling time\(^{268}\). These experimental results are obtained from the XRD peak shifts of Cu in the above-mentioned elemental blends during MA. The results clearly indicate that the effective mass transport phenomenon operative during MA attains a rate intermediate between that of volume diffusion and grain boundary diffusion. The enhanced diffusion rate in course of MA have been considered to be equivalent to that of volume diffusion at some elevated temperature $T_{\text{eff}}$, that has been determined by comparing the experimental values of solid solution rate with that predicted by the MICCM model. The results of these analyses demonstrate that the equation of ballistic diffusion\(^{62}\) is not able to account for the extremely large enhancement in the diffusivity values as encountered in MA. It is also clear from the results.

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Fig. 23 Experimental and calculated results of the respective variation of solubility of Ni, Al and Zn in Cu for Cu$_{50}$Ni$_{50}$, Cu$_{80}$Al$_{20}$ and Cu$_{70}$Zn$_{30}$, as a function of milling time.
of the Cu$_{70}$Zn$_{30}$ that though the alloying kinetics are remarkably slower at milling disc speed of 200rpm when compared to that at 300rpm in the planetary ball mill P-5, the $T_{\text{eff}}$ changes only marginally from 505 to 520K. Furthermore, it is of interest to note that the homologous temperature ($T_{\text{eff}}/T_{\text{solidus}}$) lies in the range of 0.42 to 0.51 (Table X) in each of these systems, indicating that the effective mass transfer during MA is related to the solidus temperature of the system concerned. It is also evident from these calculations that the crystallite size of the constituent(s) has to be reduced to nanoscale (<100nm) to achieve any significant rate of alloying by high energy ball milling. It is expected that these results would suffice for predicting the alloying kinetics in diverse systems.

### 6 Nanocrystallization by Devitrification

Devitrification under controlled conditions has been found to induce nanocrystalline structure$^{272}$. The process may be grouped under two categories depending on the route leading to the nanocrystalline phase evolution viz. (i) mechanical deformation induced crystallization and (ii) thermally assisted crystallization of metallic glasses. However, the thermal devitrification has not been discussed here as it is beyond the scope of this review.

The crystallization of amorphous Zr-Ni alloys at higher milling intensities after being amorphized at low intensity milling have been shown by Eckert et al.$^{273}$ and Trudeau et al.$^{274}$ have milled Metglas 2605Co (Fe$_{66}$Co$_{18}$Si$_{10}$B$_{16}$) and Metglas 2605S-2 (Fe$_{78}$Si$_{12}$B$_{10}$) and found that both crystallize on milling, with Co containing metallic glass crystallizing at shorter milling times. The crystallization of these glasses during milling was attributed to the local rise in the temperature during ball milling, while the early crystallization of the Co containing glass was thought to be due to its lower crystallization temperature (714K as against 826K of Metglas 2605S-2). In an interesting experiment, they$^{274}$ have mechanically alloyed Co and Ni to Metglas 2605S and found that Co addition induces rapid crystallization while Ni stabilizes the amorphous phase. This is interesting because Ni addition is known to lower the crystallization temperature to Metglas 2605S to 648K. This work has suggested that a lower crystallization temperature of a metallic glass is not sufficient for it be crystallized during high energy ball milling. Crystallization of metallic glass in Fe-B-Si system by MM has been observed by other several other investigators$^{275,276}$. Enhancement of diffusion due to heavy deformation$^{277}$ is also an explanation offered to the nanocrystallization of metallic glasses by high energy ball milling. It appears that temperature rise during milling alone can not explain the crystallization of amorphous phases observed during milling, Chemistry changes during milling and the local temperature rise during milling can enhance the crystallization kinetics. It is possible that the defects introduced during milling accelerate the diffusion and in turn the crystallization kinetics during milling.

### 7 Nanocrystalline Materials Synthesized by Severe Plastic Deformation

Recent studies have shown that nanocrystalline structure can be synthesized by severe plastic deformation (SPD) either by torsion straining under high pressure (SPTS)$^{278,279,280}$ or by equal-channel angular pressing (ECAP)$^{281,282}$. The major advantage of SPD techniques over high energy ball milling and inert gas condensation is that bulk nanocrystalline samples and semi-finished products without any residual porosity can be obtained without the need for compaction and sintering$^{46}$. The concept of ECAP can be traced back to Segal et al.$^{284}$ who have pressed the test samples through a die containing two channels, equal in cross section, intersecting at an angle. As
a result of pressing the samples undergoes simple shear but retains the same cross section so that the pressing can be repeated for several cycles. The SPD techniques have been shown to produce nanocrystals as small as 50nm\(^2\). Interestingly, a number of structure insensitive properties such as modulus of elasticity, Debye, and Curie temperature have been shown to change significantly on nanocrystallization using SPD. Fig. 24 shows a schematic of the routes adopted during ECAP. In route A the samples are pressed repetitively without rotation, in route B the samples is rotated by 90° between each pressing and in route C the sample is rotated by 180° between pressings. Nanocrystalline state could be achieved in a number of materials such as Al, Cu, Mg, Ni and intermetallics (γ-TiAl)\(^2\). It has been shown in case of Al-Mg alloy that the nanocrystalline microstructure developed by ECAP can be useful till 0.5\(T_m\). Furukawa et al. have shown that the Hall-Petch relation is valid till the finest crystallite size (~90nm) obtained by them by SPD. However, the Hall-Petch slope appears to decrease at fine grain sizes (Fig. 25) which has been attributed to the increased participation of mobile extrinsic dislocations in the boundary regions. An Al-Mg alloy (AZ91) has shown superplasticity with an elongation of 661% and a strain rate sensitivity of 0.3 at 0.5\(T_m\) after ECAP.

The principle of SPTS is illustrated in Fig. 26. In this technique, high hydrostatic pressure of 5-15Gpa is applied at room temperature. An extension of the
solid solubility of Fe in Al to the extent of 2.2 wt% has been observed by this technique due to nanocrystallization. This has led to an increase in the microhardness values from 750 to 1750 MPa. Subsequent aging at 373 K has led to a further increase in the microhardness to 3020 MPa due to decomposition of the supersaturated solid solution. A significant increase in the coercivity of Pr-Fe-B-Cu hard magnet has also been observed on SPTS.

8 Concluding Remarks

The present paper reviews some of the intriguing facets of the mechanical alloying (MA) and nanostructure formation that have emerged from recent works. The paper highlights the success of MA route in the synthesis of large number of intermetallics and solid solutions in several metallic systems. The works in this field have revealed that the various milling parameters, the milling temperatures, the nature of the product(s) and the presence of more than single phase during MA have a pronounced influence on the limiting grain size attainable by controlling the degree of coalescence of the grains. Present level of work identifies broadly three types of alloying mechanisms, viz. continuous diffusive (CD), self-sustaining reactions (SR) and the discontinuous additive (DA) mode. Studies have emphasized the role of enthalpy of formation, $\Delta H_f$, and the ordering characteristics of the phases during alloying in some of the Al and Cu based systems. So far, the DA mechanism is evident only in the case of NiAl and NiAl$_3$ phase formation, having a very highly negative enthalpy ($\Delta H_f$, of ~72 and ~39 kJ mol$^{-1}$ respectively) as well as an ordered structure in the as-milled state, while in the case of rest of the phases CD mechanism is observed. Studies also indicate a switch over from DA to CD mode on disordering of the as-milled NiAl by ternary additions. The kinetic analysis of the phase formation process during MA, on the other hand, shows that the effective mass transfer rate during MA by CD mode attains a value in between the volume diffusion and grain boundary diffusion, and the rate is not so sensitive to the milling intensity. Moreover, this rate in Cu-Ni, Cu-Zn and Cu-Al systems could be correlated with the melting temperature of the systems. It is also revealed that the enhanced rate of mass transfer caused by deformation during MA is inexplicable by the existing ballistic diffusion model. The success and advantages of the recently developed mechanical methods of porosity-free bulk nanostructure production viz. severe plastic deformation by torsion straining (STPS) and by equal-channel angular pressing (ECAP) have also been reviewed.

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