# Termination of right handed helices in proteins by residues in left handed helical conformations

H.A. Nagarajaram, R. Sowdhamini, C. Ramakrishnan and P. Balaram

Molecular Biophysics Unit, Indian Institute of Science, Bangalore 560 012, India

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An analysis of 636 helical segments, ranging in length from 4 to 32 residues, from 123 independent protein crystal structures reveals that helix termination by residues in left handed ( $\alpha_L$ ) helical conformations is a common occurrence. Gly and Asn residues are the most frequent  $\alpha_L$  helix terminators, with the former having a very high propensity to adopt such conformations. The  $\alpha_R - \alpha_R - \alpha_R$ 

Helix termination;  $6 \rightarrow 1$  Hydrogen bonds; Protein conformation; Protein data analysis

## 1. INTRODUCTION

 $6 \rightarrow 1$  (C<sub>16</sub> or  $\pi$ -type) hydrogen bonds involving the carbonyl oxygen of residue i and the amide hydrogen of residue i + 5 occur infrequently in proteins, as compared to the more widely observed  $4 \rightarrow 1$  (C<sub>10</sub>) and  $5 \rightarrow 1$  (C<sub>13</sub>) hydrogen bonds which are found in  $\beta$ -turns/  $3_{10}$ -helices and  $\alpha$ -helices, respectively [1]. Helices in proteins often terminate with a reversal of helix sense at the C terminus, the helix breaking residue adopting a lefthanded,  $\alpha_L \ (\phi \approx +50^\circ, \ \psi \approx +50^\circ)$  conformation. This feature generally results in the formation of a  $6 \rightarrow 1$ hydrogen bond, along with a  $5 \rightarrow 2$  (C<sub>10</sub>) hydrogen bond, with residue 5 occurring in the  $\alpha_L$  conformation, as first reported by Schellman [2]. A subsequent analysis, using a data set of 40 protein structures, revealed the occurrence of  $6 \rightarrow 1$  hydrogen bonded features, with concomitant  $5 \rightarrow 2$  hydrogen bond formation in isolated hairpins, referred to as 'paper-clips' [3]. Residue 5 adopts the  $\alpha_1$  conformation and is predominantly Gly and to a lesser extent Asn [3], an observation also highlighted in earlier studies [2]. A recent observation of the  $6 \rightarrow 1/5 \rightarrow 2$  hydrogen bonded  $\pi$ -turn at the C terminus of the crystalline, helical peptides, with the achiral  $\alpha$ aminoisobutyryl (Aib) residue adopting the  $\alpha_L$  conformation [4], stimulated a detailed re-examination of this helix terminating structural feature in proteins. This communication presents the results of an analysis based

Correspondence address: P. Balaram, Molecular Biophysics Unit, Indian Institute of Science, Bangalore 560 012, India. Fax: (91) (812) 341 683. on a large data set of 636 helices, of length  $\geq$  4 residues, observed in 116 independent protein crystal structures. The overwhelming majority of helix terminating residues with  $\alpha_L$  conformations in proteins are Gly residues. As residues also show an appreciable propensity for this conformation. This analysis provides a quantitative estimate of the propensity of the 20 amino acid residues to occur in this helix terminating structural feature.

#### 2. MATERIALS AND METHODS

A data set of 123 protein structures determined at resolution  $\leq 2$ Å were extracted from the Brookhaven Protein Data Bank [5]. The data set consists of largely non-homologous structures and will be detailed elsewhere. Helices were identified using the criterion that four successive backbone  $\phi$ ,  $\psi$  values [6] should lie within the region defined by the limits ( $-120^{\circ} \leq \phi \leq 0^{\circ}$ ;  $-60^{\circ} \leq \psi \leq 0^{\circ}$ ; a rectangular box in the ( $\phi-\psi$ ) map). The helix data set so formed consisted of 636 helical segments ranging in length from 4 to 32 residues. The residue immediately succeeding the helix at the C-terminal end was designated as the 'terminator' residue and  $\phi$ ,  $\psi$  values were computed If these  $\phi$ ,  $\psi$ values lie within the box as defined by the limits ( $0^{\circ} \leq \phi \leq 120^{\circ}$ ;  $-40^{\circ} \leq \psi \leq 120^{\circ}$ ), then the conformation of that corresponding residue was considered as left-handed helical ( $\alpha_1$ ) and such residues along with other 'terminator' residues were picked out for further study as outlined below.

Propensity  $(p_{\alpha_L}^{\ 1})$  of a residue i to occur at the C-terminal end of the helices (terminator position) having  $\alpha_L$  conformation was computed as follows:

Propensity, 
$$p_{\alpha_{\rm L}}^{\ \prime} = \frac{f_{\alpha_{\rm L}}^{\ \prime}}{F_{\rm t}^{\ \prime}}$$

where,  $f_{\alpha_{\rm L}}^{a}$  is the % occurrence of a 'terminator' residue i, in  $\alpha_{\rm L}$  conformation and  $F_{\rm L}^{a}$  is the % occurrence of a residue i that is generally found

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at the terminator position. These terms were in turn evaluated using the following,

$$f_{\alpha_{\rm L}}^{\,\rm i} = \frac{n_{\alpha_{\rm L}}^{\,\rm i}}{N_{\alpha_{\rm L}}} \text{ and } F_{\rm t}^{\,\rm i} = \frac{n_{\rm t}^{\rm i}}{N_{\rm t}}$$

here,  $n_{\alpha_{\rm L}}^{i}$  = the number of occurrences of the residue i in  $\alpha_{\rm L}$  conformation,  $n_{\rm L}^{i}$  = the number of occurrences of the i<sup>th</sup> residue at the helix termini in the entire data set of helices,  $N_{\alpha_{\rm L}}$  = total number of residues having  $\alpha_{\rm L}$  conformation and  $N_{\rm t}$  = total number of residues found at the helix termini, in the data set.

# 3. RESULTS AND DISCUSSION

Fig. 1a shows the distribution of  $\phi$ ,  $\psi$  values at the 'terminator' residue. Of the 636 residues marked, 208

are Gly residues. Fig. 1b and 1c provide the observed  $\phi$ ,  $\psi$  distributions for the individual residues Gly and Asn. The clustering of Gly residues in  $\alpha_{\rm L}$  conformations at helix C-termini is dramatic and may be compared with overall distributions for Gly residues in proteins, reported earlier [7]. The clustering in the  $\alpha_{\rm L}$  region is less pronounced for Asn. Fig. 1d shows the propensity of each of the 20 amino acids to occur in the  $\alpha_{\rm L}$  conformation at the helix termini. Clearly the propensities of the non-Gly/non-Asn residues to occur in  $\alpha_{\rm L}$  conformations at the C-termini of helices is very low with several residues being practically unrepresented. Proline, of course, is stereochemically prohibited from adopting  $\alpha_{\rm L}$  conformation since  $\phi$  for L-Pro is restricted to  $-60^{\circ} \pm 20^{\circ}$ . The



Fig. 1. (a) The  $\phi$ ,  $\psi$  distribution of 'terminator' residues that are found at the C-terminal end of the 636 helices. The non-glycyl residues are marked with 'o', while glycyl residues are marked with 'x'. (b) The  $\phi$ ,  $\psi$  distribution in the case of terminator glycyl residues. In the majority of the examples of Gly, being the terminator residue, the conformation of Gly is  $\alpha_L$  (78%). (c) The  $\phi$ ,  $\psi$  distribution in the case of terminator Asn residues. Relatively equal distribution of points can be seen in the  $\alpha_L$  region as compared to the rest of the map. There are 16 Asn examples which have  $\alpha_L$  conformations, while 24 Asn residues occur elsewhere in the ( $\phi$ - $\psi$ ) map. (d) The propensity value of each of the 20 aminoacids, to occur at the terminator position, having an  $\alpha_L$  conformation. Notable peaks that are > 1.0 are due to Gly (2.29) and Asn (1.18). Residues which are totally absent are Pro, Trp, Phe, Ile, Thr and Val.



Fig. 2. The plot of  $(d-\theta)$  parameters of the  $6 \rightarrow 1$  hydrogen bond  $(\pi$ -type), where d is the distance between  $N_{1+5}$  to  $O_1$  and  $\theta$  is the angle  $H_{1+5} - N_{1+5}...O_1$ . A rectangular box is drawn enclosing the region spanned by  $2.5 \le d \le 3.5$  Å and  $0^\circ \le \theta \le 40^\circ$ . Values which lie within this box have been considered as hydrogen bonded (154 examples). The number of examples that fall outside the box is 62.

Residue $(p_{\alpha_{\rm L}}^{\ i})^{\rm b}$	Number of occurrences <sup>4</sup>		Residue $(p_{\alpha_{L}}^{i})^{b}$	Number of occurrences	
	With $6 \rightarrow 1$ hydrogen bond	No $6 \rightarrow 1$ hydrogen bond		With $6 \rightarrow 1$ hydrogen bond	No $6 \rightarrow l$ hydrogen bond
Ala (0.28)	0	3	Arg (0.84)	5	1
Gly (2.29)	118	44	Trp (0.00)	0	0
Pro (0.00)	0	0	Phe (0.00)	0	0
Leu (0.06)	0	1	Cys (0.24)	1	0
Lys (0.81)	6	2	Ile $(0.00)$	0	0
Asp (0.41)	6	0	Ser (0.10)	0	1
Asn (1.18)	12	4	Thr (0.00)	0	0
Glu (0.42)	0	1	Val (0.00)	0	0
Gln (0.67)	3	2	Tyr (0.12)	0	1
His (0.39)	2	2	Met (0.58)	1	0

Table I Distribution of  $6 \rightarrow 1$  ( $\pi$ ) hydrogen bonds at helix termini involving  $\alpha_L$  terminators<sup>a</sup>

<sup>a</sup> Number of helices from 116 independent protein crystal structures.

<sup>b</sup> Values in parentheses correspond to the propensity of a residue to adopt  $\alpha_{L}$  conformations at helix termini. Values > 1.0 indicate a preference for  $\alpha_{L}$  helix terminator conformations.

<sup>c</sup> The number of occurrences refers to the number of  $\alpha_R - \alpha_R - \alpha_L$  conformations at helix termini.



Fig. 3. Stereo diagrams of the two representative examples of helices that terminate with a residue in  $\alpha_L$  conformation (the side chains are shown only up to the  $C^{\beta}$  atom). (a) The helix-spanning residues Glu-320 to Ser-341 in glycolate oxidase (PDB code 1GOX). Gly-342 ( $\phi = +84^{\circ}, \psi = +41^{\circ}$ ) is the terminator (indicated by an arrow). There are two hydrogen bonds, formed between the residues Met-338 to Cys-343 ( $\pi$ -type) and Ala-339 to Gly-342 ( $\beta$ -type) (shown by broken lines). (b) The helix spanning residues Pro-58 to Thr-81 in leghemoglobin (PDB code 2LH7). Gly-82 ( $\phi = +99^{\circ}, \psi = -11^{\circ}$ ) is the  $\alpha_L$  terminator (indicated by an arrow). In contrast to the helix shown in Fig. 3a, there is no  $\pi$ -type hydrogen bond.

 $\beta$ -branched residues Val, Ile and Thr are totally missing from the list of  $\alpha_L$  terminators, as are the aromatic residues Phe and Trp.

A further examination of the C terminus local structural feature in helices,  $\alpha_R - \alpha_R - \alpha_R - \alpha_L$  conformations for the i + 1 to i + 4 segment, revealed that a large fraction of the observed examples did possess a  $6 \rightarrow 1$  hydrogen bond between the (CO)<sub>1</sub> and (NH)<sub>1+5</sub> groups (Table I). Fig. 2 shows the distribution of the structural parameters viz., d (the distance from  $N_{1+5}$  to  $O_1$ ) and  $\theta$  (the angle  $H_{1+5}-N_{1+5}...O_{1}$ ) used to evaluate hydrogen bond geometry for the  $6 \rightarrow 1$  (i.e.,  $i + 5 \rightarrow i$ )  $\pi$ -type hydrogen bond. Points lying outside the rectangular box correspond to cases where a good hydrogen bond is not formed. Of the 162 examples involving Gly at position i + 4 ( $\alpha_L$ ), 118 can be classified as  $6 \rightarrow 1$  hydrogen bonded. In the case of Asn, 12 out of the 16 cases possessed  $6 \rightarrow 1$  hydrogen bonds. Fig. 3 provides illustrations of both types of helix terminating segments. Of the 636 helices examined there are 216 examples where the terminating residue is in an  $\alpha_L$  conformation. In 75% of these cases the terminating residue is Gly and in 7.4% the residue is Asn. This suggests that C-terminal helix termination signals are well defined and algorithms for their identification might be usefully incorporated into protein secondary structure prediction strategies, particularly for the identification of helix stop signals [8,9]. The incorporation of unusual residues with high propensities for  $\alpha_L$  conformations (cf. D-residues) at appropriate sites might facilitate predictable helix termination in de novo protein design approaches and in protein engineering [10].

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