

## Mutagenic effects of certain common metal toxicants on mammalian systems

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**Abstract.** The use of metals for human benefit started more than 6000 years ago. Their harmful effects were noted much later, with the growing consciousness about environmental hazards. The different industrial processes and other adjuncts of industrial revolution have added considerably to the quantities of such metal occurring under natural conditions. An appreciable proportion enters into the formation of aerosols, known to be toxic to living systems. Assessment of the hazards posed by metal effluents and their mode of action are therefore gaining considerable importance as a part of environment protection.

**Keywords.** Mutagenesis; metal toxicity; mammalian genetics; pollutants; carcinogen.

### 1. Test Systems

Used to study mutachromosomic effects of metals range from micro-organisms to human systems. Bateman (1966) considered the use of mammals in tests of mutagenicity to be practical and more meaningful than other systems in the context of human hazards (Epstein and Shafner 1968). The ultimate goal of any mutagen testing programme is to be able to test the potential mutagen directly on the human genetic material for both immediate and long term effects or to extrapolate in human system from other test systems. With the advent of the techniques of tissue culture, both *in vivo* and *in vitro* systems have been adopted in detecting the effects of mutagens on different mammals (Hollstein *et al* 1979; Kilbey *et al* 1977).

### 2. Metals as pollutants

Industrial wastes contain a relatively large amount of metals, either in the original form, or in combination with other chemicals. Numerous publications are available regarding their toxicity (Browning 1969; Goyer and Mehlman 1976; Venugopal and Luckey 1978).

The first reported investigation of the toxic effects of nickel was published by Gmelin (1826). Many possible occupational dangers due to this element were recorded (Mastromatteo, 1967). Nickel carbonyl, an industrial pollutant, is one of its most toxic compounds (Sunderman and Selin, 1968). Cobalt is mainly used in making ink, fertilizer, electroplating, etc., and vanadium compounds in the manufacture of high quality of alloy steel and sulphuric acid. The latter exert considerable toxic effects on both human and animal systems (Browning 1969).

Arsenic, a common environmental toxicant, is found in soil, water and air. It may be released into the environment through different industrial processes as well (Anonymous 1973; Milham and Strong 1974), including application as pesticides and herbicides (Miles 1968; Wagner and Weswig 1973), or from geothermal sources (Axtmann 1975; Sabadell and Axtmann 1975).

Selenium compounds are now widely used in industrial products such as rectifiers, photoelectric batteries, alloys and paints. It has been labelled variously as a toxicant (Rosenfeld and Beath 1964; Harr and Muth 1972), a carcinogen (Nelson *et al* 1943; Tscherkes *et al* 1961) and an anticarcinogenic agent (Clayton and Baumann 1949; Harr *et al* 1973).

Some soils are contaminated with heavy metals through water (Holmes *et al* 1974). Other important sources of heavy metals are sewage sludge (Webber 1972; Baker and Chesnin 1976), composted refuse, flyash (Purves 1972) and other wastes (Bremuer 1974). Sewage sludge can increase the metal contents of the soil over hundred times in one year (Foy *et al* 1978).

### 3. Mode of action of metals on mammalian systems

The toxicity of any metal, as of any substance, solid, fluid or gaseous, depends upon a great many factors—the nature of its compounds, its way of entry into or contact with the body, or skin surface, its mode of action, its concentration in the atmosphere, presence of other modifying chemicals, and the susceptibility of the individual exposed to its effects (Browning 1969; Goyer and Mehlman 1976; Venugopal and Luckey 1978).

As table 1 shows, the mode of action differs according to the chemical used, at different levels. In some cases, the exact molecular mechanism has been detected, leading ultimately, as in the case of most chemical mutagens, to hazards in protein synthesis (Sharma and Sharma 1960; Drake and Baltz 1976). In others, the effects may involve the cell division and/or physical action on the entire tissue. The ultimate effect of prolonged treatment and very high doses is toxicity leading often to lethality.

### 4. Metals as carcinogens

More than 386 cases of lung cancer and 126 cases of cancer of the nasal cavities have been recognised among workmen occupationally exposed to nickel compounds (Sunderman and Mastromatteo 1975). The increased incidence of cancer of the respiratory tract among nickel refinery workers in Wales (Doll *et al* 1970), Norway (Pedersen *et al* 1973), Canada (Mastromatteo 1967; Virtue 1972), and Soviet Union (Saknyn and Shabynina 1970, 1973) suggests that particles of metallic

nickel, nickel subsulphide ( $\text{Ni}_3\text{S}_2$ ), and nickel oxide ( $\text{NiO}$ ) may be the principal respiratory carcinogens in nickel refineries (Sunderman and Mastromatteo 1975).

Epidermoid carcinomas of the skin and lungs, and precancerous dermal keratoses (Dobson and Pinto 1966; Ehlers 1974; Friedrich 1972; Goldman 1973; Lee and Fraumeni 1969; Minkowitz 1964; National Institute for Occupational Safety and Health 1973; Ott *et al* 1974; Yeh 1973; Zachariae 1972), have been recorded as caused by arsenic. Human cancers followed exposure to arsenic in water (Yeh 1973) and medications (Ehlers 1974; Goldman 1973), as well as among chemical (Ott *et al* 1974), and agricultural (Friedrich 1972; Zachariae 1972) workers.

There is no evidence that occupational exposures to cobalt are associated with increased risk of neoplasia. Heath *et al* (1971) and Swanson *et al* (1973) have found that wear particles from prostheses made from a cobalt chromium alloy are carcinogenic for rat muscles.

Carcinogenic action of selenium was reported by Nelson *et al* (1943), Tscherkes *et al* (1961), Volgarev and Tscherkes (1967) and its effect on the development of spontaneous tumours by Schrauzer and Ishmael (1974).

No concrete data are available on carcinogenic, mutagenic or teratogenic effects of vanadium exposure on humans or experimental animals (Stockinger 1967). Life-term studies in mice showed no greater incidence of spontaneous tumours than in controls (Kanisawa and Schroeder 1967).

## 5. Metals as anticarcinogen

Certain metals, notably selenium, have exhibited distinct anticarcinogenic effects. Animal experiments to demonstrate anticarcinogenic action of selenium were initially performed by Clayton and Baumann (1949). Shamberger (1970) similarly demonstrated a counteraction of selenate on the carcinogenic effect of 7, 12-dimethylbenzanthracene and of benzpyrene in croton oil and other co-carcinogenic dispersion media. These findings were confirmed by Riley (1968). Initial epidemiological studies show that the female human breast cancer mortality in the US is lower in areas in which grains and forage crops are high in selenium (Underwood 1961).

## 6. Metals with mutagenic effects

Current theories regarding the possible mechanisms through which chemical carcinogens may initiate neoplastic transformation have been assessed by Miller and Miller (1971). They have formulated a general scheme for the action of chemical mutagens with modifications evolved by Huebner and Todaro (1969) Ryser (1971), Weinstein *et al* (1971) and Jungmann and Schweepe (1972). In general, several mechanisms may be postulated:

### 6.1. Genetic mechanisms

(a) Direct action on existing DNA (somatic mutation) in which replication of chemically altered DNA causes heritable modifications of the DNA nucleotide sequence, leading to permanent changes in growth regulation.

Table 1. Effects of certain common metals on mammalian systems at different levels.

Chemicals	Test systems	Effects induced at different levels			References
		Molecular	Cellular	Histological	
1	2	3	4	5	6
<b>Nickel</b>					
<i>In vivo</i>					
As dust	Mice	..	..	Cancer	Campbell 1943
	Rat and rabbits	..	..	Sarcomas	Hueper 1952, 1955; Heath and Daniel 1964; Heath and Webb 1967
	Guineapigs	..	..	Anaplastic and adenosarcomas	Hueper 1958
	Rat	..	..	Sarcomas	Gilman 1962
As carbonyl	Man	..	..	Respiratory cancer	Bridge 1933; Baader 1937; Barnett 1949; Passey 1962
	Rat	Enzymes	..	Liver and lung	Sunderman 1971, 1973
		Tryptophane pyrolase	..	..	Sunderman 1967
		Hepatic cytochrome P-450	..	Liver	Sunderman 1968
		Demethylase	..	..	Sunderman and Liebman 1970
		RNA	..	Liver	Witschi 1972; Beach and Sunderman 1969, 1970
		m-RNA	..	..	Sunderman and Liebman 1970
		Microsomal protein	..	..	Sunderman 1970
		..	..	Carcinomas and sarcomas	Lan et al 1972
In Cr plating	Man	..	..	Respiratory cancer	Touraine and Rambaud 1968
In grinding		..	..	..	Sunderman 1973

Table 1. (Contd.)

1	2	3	4	5	6
In plating		..	..	..	Bourasset and Galland 1966
In polishing		..	..	..	Sunderman 1973
As pellets	Rat	..	..	Sarcomas	Mitchell <i>et al</i> 1960
In smelting and electrolysis	Man	..	..	Respiratory cancer	Loken 1950, 1956; Rockstroh 1958; Znamenskii 1963; Pedersen <i>et al</i> 1973
As sulphate	Rodent	..	..	Non-carcinogenic	Sunderman 1973
	Rat	DNA, RNA and protein	Chromosome changes	Liver, kidney, lung, brain	Banerjee <i>et al</i> 1979
As sulphide	Rat and mice	..	..	Sarcomas	Gilman 1962
As nickelocene	Hamster	..	..	..	Frust and Schlauder 1971
<i>In vitro</i>					
As carbonyl	Rat	RNA	..	Liver	Witshi 1972; Beach and Sunderman 1969, 1970
As chloride	Rat embryo muscle cell	Glycolytic enzyme	..	..	Swierenga 1970
	Mouse L-929 cells	Protein	..	..	Tregan and Frust 1970
As dust	Horse	Amino acids	..	..	Heath and Daniel 1964; Webb and Weinzierl 1972
As sulphate	Rat embryo muscle cell	Glycolytic enzyme	..	..	Swierenga 1970
		..	Mitotic spindle	..	Swierenga and Basrur 1968
As sulphide	Rat embryo muscle cell	..	Mitotic changes	..	Basrur and Gilman 1963, 1967
		Glyceraldehyde-3-phosphate dehydrogenase	..	..	Swierenga 1970

Table 1. (Contd.)

1	2	3	4	5	6
Not specified	Mouse cell line	..	Chromosome changes	..	Olinici <i>et al</i> 1973
<b>Cobalt</b>					
<i>In vivo</i>					
As chloride	Guineapig	Nucleic acids, proteins, phosphatases, cytochrome-oxidase, glucose-6-phosphatase	..	Liver pancreas, kidney	Beskid 1963, 1967
		..	..	Adrenal glands, hypophysis, pancreas	Creutzfeld and Schmidt 1954; Van Campenhout 1955; Beskid 1963
		$\beta$ -Glucuronidase, DNAase and cathepsins	..	Kidney	Novikoff <i>et al</i> 1956; Novikoff 1962; DeDuve 1959, 1963; Straus 1956
	Rat	DNA, RNA, protein	Chromosome changes	Liver, kidney, lung, brain	Banerjee <i>et al</i> 1979
	Rabbit	Cholesterol	..	Liver	Boyd and MacClean 1959
	Mice	Glucose metabolism	..	..	Isom and Way 1974
	Not specified	DNA and RNA	..	..	Liquire-Milward 1951
As sulphate	Rat	..	Chromosome changes	..	Banerjee <i>et al</i> 1979
		DNA, RNA, protein	..	Liver, kidney, lung, brain	Giri <i>et al</i> 1978
		..	..	Heart	Wiberg 1968
As radio cobalt	Mouse	Amino acids	..	..	Maynard 1958
Not specified		Alkaline phosphatase	..	Kidney	Dunn 1948
<i>In vitro</i>					
Not specified	Mammalian cells	Tricarboxylic acid cycle	..	..	Dingle <i>et al</i> 1962; Webb 1962; Rona 1971
	Rat	Acid phosphatase	..	Kidney and liver	Levy <i>et al</i> 1950

Table 1. (Contd)

1	2	3	4	5	6
As chloride	Not specified	Hepatic microsomal cytochrome- P-450	..	Liver	Tephly and Hibbeln 1971
<b>Arsenic</b>					
<i>In vivo</i>					
As arsenate	Mice	..	..	Foetal ano- malies	Hood and Bishop 1972
	Not specified	DNA	..	..	Grunicke <i>et al</i> 1973
	Rat	..	Mitochondria	Kidney	Fowler 1974, 1975; Brown <i>et al</i> 1976
	Rat	..	Chromosome changes	..	Giri <i>et al</i> 1979
	Rat	DNA, RNA and protein	..	Liver, kidney, lung, brain	Giri <i>et al</i> 1979
As arsenite	Not specified	DNA	..	..	Grunicke <i>et al</i> 1973
As drugs	Man	..	..	Skin cancer	Neubauer 1947
As pesticides		..	..	Death	Chisolm 1970; Deeths and Breedon 1971
As arsine gas	Man	..	..	Lethality	Fowler and Weissberg 1974
As As <sub>2</sub> O <sub>3</sub>		..	..	Respiratory cancer	Lee and Fraumeni 1969
		..	..	Liver and blood	Tokanechara <i>et al</i> 1956
		..	..	Melanosis	Nagai <i>et al</i> 1956
		..	..	Liver	Eiji 1955; Yamashita <i>et al</i> 1972
As inorganic arsenic		..	..	Lung cancer	Blot and Fraumeni 1975
As arsenic salts	Mice and rat	..	..	Foetus	Hood and Bishop 1972
Not specified	Man	..	..	Dermal keratosis	Tseng <i>et al</i> 1968; Yeh 1973
	Not specified	..	..	Liver and kidney	Done and Pearl 1971

Table 1. (Contd.)

1	2	3	4	5	6
<i>In vitro</i>					
As arsenate	Human dermal cell	DNA	..	..	Jung and Trachsel, 1970; Jung 1969, 1971
		..	Chromosome Changes	..	Paton and Allison 1972
		..	..	Cancer	Jung 1969
	Human foetal kidney cells	DNA	..	..	Giri <i>et al</i> 1979
	Mouse-L-cell	..	Mitotic changes	..	Tsuda 1974
	Not specified	..	Mitochondria	..	DeMaster and Mitchell 1970; Mitchell <i>et al</i> 1971
	Lymphatic cell	DNA, RNA	..	..	Sibatani 1959
Not specified	Human cell	DNA	..	..	Petres <i>et al</i> 1970
	Human leucocyte	..	Chromosome changes	..	Burgdorf <i>et al</i> 1977; Nordenson <i>et al</i> 1978
<b>Selenium</b>					
<i>In vivo</i>					
As selenium	Man	..	..	Non-carcinogenic	Federal Register 1974
		..	..	Teratogenic	Robertson 1970
	Rat	..	..	Carcinogenic	Shapiro 1972
	Rat	..	Haemoglobin, fibrinogen, prothrombin	..	Jaffe <i>et al</i> 1972
		..	..	Carcinogenic	Harr <i>et al</i> 1972
As selenate	Rat	..	..	Hepatoma	Tscherkes <i>et al</i> 1963
	Rat and dog	..	..	Diarrhoea and anorexia	Cummins and Kimura 1971
As selenite	Mice	..	..	Tumours	Schrauzer and Ishmael 1974
		..	..	Anticarcinogen	Clayton and Baumann 1949
		..	Chromosomes	..	Shamberger 1974
		..	..	Cancer	Shamberger and Willis 1971



Table 1. (Contd.)

1	2	3	4	5	6
	Rat	..	..	Cancer	Schroeder <i>et al</i> 1970a
		..	..	Neoplasia	Schroeder <i>et al</i> 1970b
		..	..	Anticarcinogenic	Harr <i>et al</i> 1973
		DNA, RNA protein	Chromosome changes	Liver, kidney, lung, brain	Giri <i>et al</i> 1979
<i>In vitro</i>					
As selenite	Human fibroblast	DNA	Chromosome changes	..	Nakamura <i>et al</i> 1976
	Kidney tissue of rabbit	..	Mitotic changes	..	Lo <i>et al</i> 1978
	Human leucocyte	..	Chromosome	..	Fukina and Kudryavtseva 1969
	Human..	DNA	..	..	Paton and Allison 1972
	foetal kidney	..	Mitotic chromosome	..	Giri <i>et al</i> 1979
	Not specified	..	..	..	Walker and Ting 1967
<b>Vanadium</b>					
<i>In vivo</i>					
As vanadium	Man	..	..	Heart	Schroeder 1966; Mountain <i>et al</i> 1953; Curran <i>et al</i> 1959
As dust	Rat	..	..	Lung	Roshchin 1963
As meta-vanadate		Coenzyme-A	..	..	Meekes <i>et al</i> 1971 Sorewark 1967
	Guineapig	..	..	Phagocytic activity	Kulieva 1971
	Dog	..	..	Kidney and spleen	Jackson 1912
As pentoxide	Man	..	..	Respiratory system	Sjoberg 1951; Faulkner-Hudson 1964
	Rat	L-ascorbic acid	..	Liver and kidney	Chakrabarty <i>et al</i> 1977
		DNA, RNA and protein	Chromosome changes	Liver, kidney, lung, brain	Giri <i>et al</i> 1979

Table 1. (Contd.)

1	2	3	4	5	6
As $\text{NH}_4\text{VO}_3$	Man	..	..	Tongue and throat	Faulkner-Hudson 1964
As $\text{VCl}_3$	Rat and rabbits	DNA and RNA	..	Liver	Roschin 1967
<i>In vitro</i>					
As $\text{VCl}_3$	Rat and rabbits	DNA and RNA	..	Liver, kidney, lung, myocardium, stomach	Roschin 1967
As vanadium	Not specified	..	..	Lung	Waters <i>et al</i> 1974
<b>Rubidium</b>					
<i>In vivo</i>					
As rubidium	Rat	Not specified	..	..	Meltzer and Leibermann 1971
		..	..	Gonads	Glendening <i>et al</i> 1956
As chloride		DNA, RNA and protein	Chromosome changes	Liver, kidney, lung, brain	Giri <i>et al</i> 1979
<i>In vitro</i>					
As rubidium	Brain cell	Acetylcholine	..	..	Mann <i>et al</i> 1939
<b>Cerium</b>					
<i>In vivo</i>					
As cerium	Rat	Lipid metabolism	..	Liver	Synder and Kyker 1964; Synder <i>et al</i> 1959
		..	..	Parenchymal tissue	Fischler and Roeckel 1938
	Not specified	..	..	Liver	Grace <i>et al</i> 1957
As nitrate	Rat and mice	..	..	Abdomen	Bruce <i>et al</i> 1963
	Rat	DNA, RNA and protein	Chromosome changes	Liver, kidney, lung, brain	Giri <i>et al</i> 1979
As sulphate		..	..		Giri <i>et al</i> 1978

Table 1. (Contd.)

1	2	3	4	5	6
<b>Molybdenum</b>					
<i>In vivo</i>					
As Na <sub>2</sub> MoO <sub>4</sub>	Rat and mice	..	..	Gonads	Schroeder and Mitchner 1971
As MoO <sub>3</sub>	Not specified	..	..	Respiratory tract	Fairhill <i>et al</i> 1945
As molybdate		..	..	Urinary excretion	Schroeder <i>et al</i> 1970a
	Rat and guineapig	..	..	Colic trembling	Karantassis 1924
	Rat	DNA, RNA and protein	Chromosome changes	Liver, kidney, lung, brain	Giri <i>et al</i> 1979
As Mo	Cattle	..	..	Testis	Thomas and Moss 1951

(b) Alteration of DNA polymerase which temporarily decreases the fidelity of DNA replication, causing mutations of the DNA genome.

(c) Chemical modification of RNA subsequently transcribed into DNA which becomes integrated into the host genome. This could involve viral RNA-primed DNA polymerase (reverse transcriptase)

(d) Defects in DNA repair systems (Hart *et al* 1979).

## 6.2 Epigenetic mechanisms

(a) Chemical modification of RNA or proteins (e.g., histones and nuclear acidic proteins) which regulate DNA template activity, causing expression of normally repressed portions of the DNA genome.

(b) Chemical modification of RNA or proteins causing depression of tumour viruses or oncogenes.

(c) Carcinogen-induced changes in immunological or humoral mechanisms leading to preferential proliferation of previously existing preneoplastic or neoplastic cells.

One or more of these mechanisms may also explain the toxic action of the different metallic pollutants on mammalian systems as given in Table 1.

Nickel, in addition to its carcinogenic property, acts as a mutagen. Witsch (1972) showed that intravenous injection of nickel carbonyl in rats inhibits RNA synthesis profoundly in hepatocytes, both *in vivo* and *in vitro* (Beach and Sunderman 1969, 1970). The mechanism is believed to be due to the inhibitory effect of nickel upon nucleolar RNA polymerase activity (Beach and Sunderman 1970). The inhibition of RNA synthesis results in inhibition of m-RNA dependent induction of hepatic enzyme synthesis (Sunderman and Leibman 1970).

Arsenic has the ability to substitute for phosphate in some cellular processes. Petres and Hunderiker (1968) and Petres *et al* (1970) suggested that arsenate causes chromosomal abnormalities by simply substituting for phosphate in the DNA chain. It also inhibits normal DNA repair processes. Both arsenate and arsenite decrease the extractability of DNA from tumour cells (Grunicke *et al* 1973), suggesting a possible occurrence of DNA-protein cross linkage. Jung and Trachsel (1970) observed sodium arsenate to inhibit methylthymidine uptake into human dermal cell *in vitro*, consistent with suppression of DNA synthesis. Paton and Allison (1972) recorded chromosomal aberrations in human leucocyte and dermal fibroblast culture exposed to sodium arsenite. Lo *et al* (1978) suggested that sodium selenite may fragment DNA, trigger DNA repair synthesis and induce chromosome aberrations in cultured human fibroblasts. The results presented for fibroblasts of normal individuals and DNA repair deficient patients are in agreement with those of Nakamura *et al* (1976). The increase of chromosome aberrations observed in fibroblasts exposed to a relatively short pulse of selenite is comparable to that found in leucocytes treated for 4 h (Nakamura *et al* 1976).

Liquier-Milevard (1951) observed cobalt to form permanent combinations with purine and pyrimidine bases, as well as with DNA. It also brought about distinct changes in the amount of nucleic acid, protein and mucopolysaccharides. Beskid (1967) demonstrated an inhibition of the activities of cytochrome oxidase, succinate dehydrogenase, and glucose-6-phosphatase; a notable reduction in alkaline phosphatase, and a decrease in leucine aminopeptidase and  $\beta$ -glucuronidase. Acid phosphatase remained unchanged. A decrease was seen in the contents of ribonucleic acid, protein and mucopolysaccharides with the simultaneous appearance of fatty substances, glycogen, and hyaline grains in the cells. Giri *et al* (1979) and Banerjee *et al* (1979) recorded considerable mutagenic effects of Co, Ni, Ce, V, Rb, Se, Mo and As on rats *in vivo*. Cytochemical changes included decrease in total DNA, RNA and protein contents in liver, kidney, lung and brain and chromosomal alterations, including stickiness, C-mitosis and chromosome breaks and gaps.

## 7. Relative activity of metals

Metals can be classified into three groups according to their action on genetic materials:

- (i) *Very strong metals* : Tl, Cd, Cu, Ag, Cr, Co, Ni, Pt, Pd, Be, Hg and Au, Activity decreases towards right side of the series.
- (ii) *Very active metals* : Zn, Al, Ca, Mn, Fe, Se, Rb, Sr, Sb, Ce, Th and U, Activity decreases towards right side of the series.
- (iii) *Relatively inactive metals* : B, Na, K, Mg, V, As, Mo, Ba, Pb and Bi.

## 8. Interaction between different metals

Certain metals are known to have antagonistic interactions (Venugopal and Luckey 1978). Arsenic, for example, decreases the retention of selenium (Moxon and Dubois 1939; Dubois *et al* 1940) and its overall toxicity (Palmer and

Bonhorst 1957; Levander and Argett 1969). Haemolytic anaemia, induced in rats by exposure to selenium, has been reduced by administration of arsenite (Halverson *et al* 1970); Holmberg and Ferm (1969) reported that the concomitant injection of a nonteratogenic dose of sodium selenite with sodium arsenate protected against the teratogenicity of this arsenical in golden hamsters.

Iron and cobalt seem to share at least part of the same mediated transport across rat intestinal mucosa (Valberg 1971). Increased Co absorption in Fe deficiency and mutual inhibition of the absorption of Fe, Co, Mn and Zn in anaemic rats are reported (Schade *et al* 1970). The preferential attachment of the Fe-binding proteins of rat intestine occurs in the following series: Fe, Co, Ni, Mn, Zn (Forth and Rummel 1971). The Rb : K molar ingestion ratio influences rubidium toxicity in rats (Meltzer and Liebermann 1971). Subtoxic levels of Rb show toxicity when the ratio is 0.1 or greater; to a level equivalent to 10% of the dietary K, Rb substitutes for K. Beyond that level accumulated Rb disrupts the cell function by unknown mechanisms. Biliary excretion of Se is increased by As and Te. Hg and TI reduce the urinary excretion of Se. The faecal excretion of Se was decreased by Zn and Cd, and increased by Te and As. Mercury, TI, Cd and Te increased the Se levels in the liver, spleen and kidneys of rats. Se decreased the toxicity of these metals (Venugopal and Luckey 1978). Dietary cobalt decreased the retention of Se in the heart and skeletal muscle and to a lesser extent, in the liver and kidneys in rats (Gardiner and Nicol 1971). Cobalt deficiency may render sheep more susceptible to Se toxicity (Gabbedy 1970); Co is presumed to affect the absorption of Se in cats (Venugopal and Luckey 1978).

Vanadium toxicity is intensified by high dietary zinc (Molfino 1938), and alleviated by Vitamin C, Wright (1968) suggested that V and Cr compete at the membrane transport sites. Stocks (1960), in a statistical survey, demonstrated the involvement of V together with As and Zn in lung cancer.

## 9. Conclusion

Knowledge of the effects of the metals, exerted on mammalian systems, at molecular, cellular and histological levels is as yet incomplete. A general observation is the presence of a marked variability, which may be attributed to numerous causes. Therefore, in assessing the relative toxicity of any chemical on a mammalian system, let alone the human one, numerous parameters have to be taken into consideration. These include, in addition to dosage, mode of application and vehicle of administration, information regarding the precise mode of action of the chemical, its rate of detoxication, excretion and its interaction with foreign elements within the system and with endogenous substances. Caution must further be exercised in extrapolating such results to the human system, since even with closely related animals like the mouse and rat, significant differences in the enzymatic systems are observed. The differences in the test systems employed may account for the frequent discrepancies and ambiguity of results obtained on the toxic action of the same chemical.

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